

dōTERRA®

PRODUCT GUIDE | *Spring 2020*



—*Changing the world* **One drop, one person,** **one community** *at a time*

dōTERRA *Meaning “Gift of the Earth”*

In 2008, a group of healthcare and business professionals came together with a common vision of sharing the power of therapeutic-grade essential oils with the world. Each understood that essential oils—when properly sourced from optimal regions and thoroughly tested for the highest levels of purity and potency—are the Earth's gift to humanity. With this gift comes great responsibility to respect the power of each element, the expertise of each grower, and the potential of each contributing community.

dōTERRA focuses on maintaining the highest levels of purity and sustainability as it partners with local growers around the world through Cō-Impact Sourcing.[®] This unique model implements long-term, mutually beneficial supplier partnerships where skilled rural farmers oversee plants and growing environments. In return, dōTERRA provides jobs with fair payments, leading to stronger local economies and healthier, stable supply chains.

Each dōTERRA essential oil passes through rigorous CPTG Certified Pure Therapeutic Grade[®] testing guided by cutting-edge advancements in essential oil research and testing implementation. dōTERRA benefits from the ever-increasing knowledge and expertise of a scientific board made up of global consultants in chemistry, microbiology, botany, research science, physiology, and nutritional science.

Since its beginning, independent Wellness Advocates have shared the life-enhancing benefits of dōTERRA CPTG[®] essential oils with millions of customers throughout the world.

dōTERRA has emerged as a global integrative health and wellness company and the world's largest essential oil company.* By partnering with respected medical professionals and world-renowned research partners, dōTERRA is revolutionizing healthcare by integrating conventional medical professionals with alternative approaches to address individualized health and wellness.

To ensure that dōTERRA never forgets the sacredness of this gift, the dōTERRA Healing Hands Foundation[®] offers resources and tools to global sourcing communities and charitable organizations for self-reliance, healthcare, education, sanitation, and the fight against human trafficking.

We respectfully offer this “gift of the Earth” to you and your family.

* Verified global market leader in the Global Aromatherapy and Essential Oils market.





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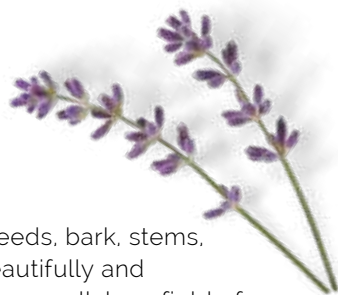
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TO ORDER: dodterra.com 1-800-411-8151

What are **ESSENTIAL OILS?**



Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils elicit powerful emotional responses, yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their health-promoting properties. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to deliver targeted benefits through topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

Extraction Methods

Essential oils are most often extracted via a steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture the oil's delicate chemical composition and alter its potency.

In addition to using proper distillation methods, creating a quality CPTG® essential oil requires the meticulous selection of the correct plant species and plant parts, harvested at the perfect moment when their aromatic compounds are most concentrated. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.





CPTG Certified Pure Therapeutic Grade®

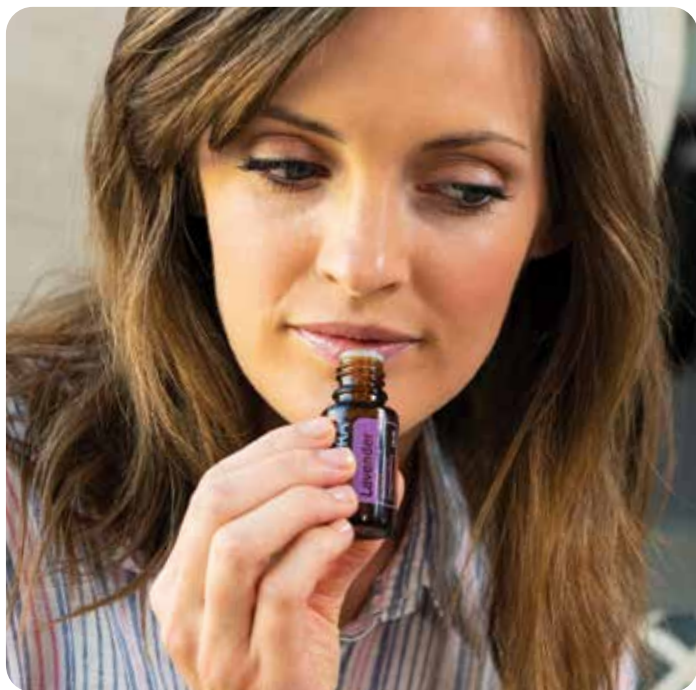
dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oils are pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of the oils' active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade—and some may be pure—but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the purity and compositional potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today.



Equally stringent standards of safety and efficacy are applied to all dōTERRA Essential Wellness products. Guided by our Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain Good Manufacturing Practice (GMP) certification and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations.



ESSENTIAL OIL USES

Essential oils are used for a very wide range of emotional and physical wellness applications. They can be used individually or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only pure essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, apply a vegetable oil such as Fractionated Coconut Oil to the affected area—water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor's care.

APPLICATION METHODS	A Can be used aromatically
	T Can be used topically
	I Can be used internally
SKIN SENSITIVITY	N Can be used topically with no dilution (NEAT)
	S Dilute for young or sensitive skin (SENSITIVE)
	D Dilute before using topically (DILUTE)

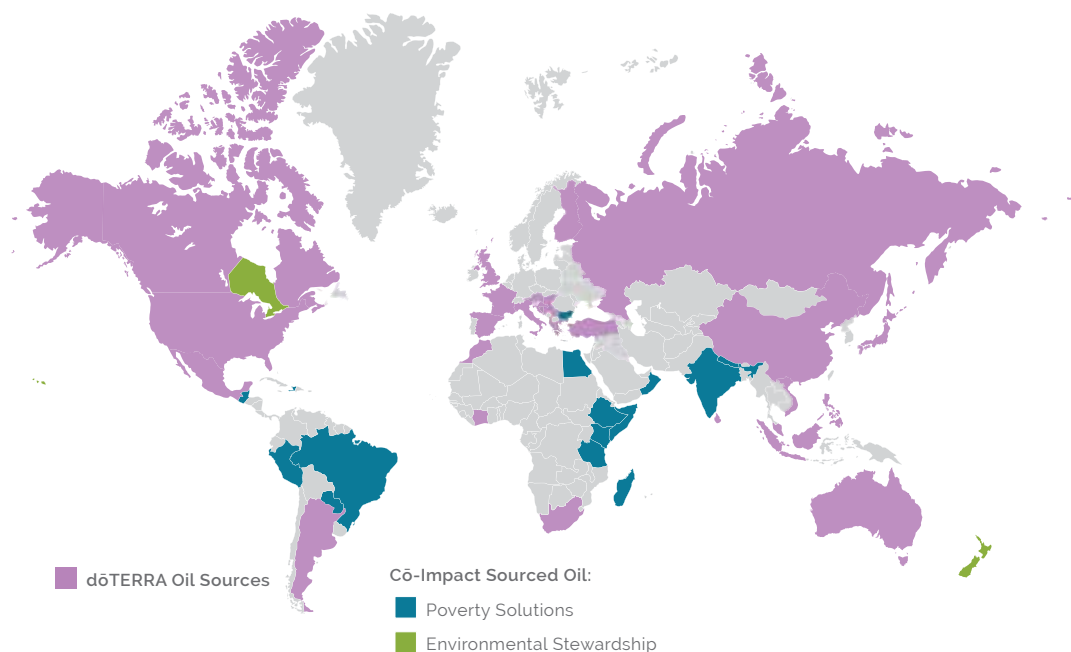
Look for the above symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions are included on individual essential oil labels.)

Please note, some products can be used in multiple ways. Statements with asterisks refer to internal use of products.

The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, Argentina to New Zealand. Only the purest and most potent essential oils meet our strict CPTG Certified Pure Therapeutic Grade® standards. Accept nothing less from your wellness professional or for your family.

As dōTERRA searches the world for sources of the highest quality oils, we are also committed to building relationships that last and benefit our growers. We accomplish this by adhering to our Sourcing Guiding Principles.

Over half of the countries that dōTERRA sources its more than 130 oils from are considered developing countries. Through Cō-Impact Sourcing, dōTERRA is lifting communities in these areas out of poverty and disadvantage by providing long-term, mutually beneficial supplier partnerships with sustainable jobs and reliable income.



Where to BEGIN

Using essential oils is intuitively simple and highly satisfying. However, the many oils available, with their numberless combinations and wellness applications, can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of essential oils.



Introduction to Essential Oils Kit Top Seller!

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to start experiencing the life-changing benefits of dōTERRA® essential oils. The kit includes:

- Lavender essential oil (5mL bottle)
- Lemon essential oil (5mL bottle)
- Peppermint essential oil (5mL bottle)
- List of suggested uses for each oil

60202952	Three 5mL bottles
\$26.67 retail	\$20.00 wholesale 15 PV



Lavender ESSENTIAL OIL

All Things Calming

- Helps ease feelings of tension when used internally*
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply topically to soothe skin



Lemon ESSENTIAL OIL

Clean and Freshen

- Supports healthy respiratory function when used internally*
- Uplifting, positive aroma
- Use to clean kitchen counters and stainless steel appliances
- Internal use naturally cleanses the body and aids in digestion*



Peppermint ESSENTIAL OIL

Cool and Invigorate

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to enjoy its invigorating aroma
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead for a unique sensation



APPLICATION METHODS

A Can be used aromatically **T** Can be used topically **I** Can be used internally

SKIN SENSITIVITY

N Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)



doTERRA lavender fields, Bulgaria.

LAVENDER *Lavandula angustifolia*

- Apply to the bottom of feet or on a pillow before sleeping
- Use with bath salts for a relaxing spa bathing experience
- Lightly apply to soothe sun-exposed skin
- Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe occasional skin irritations
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a stress-relieving hand massage



LEMON *Citrus limon*

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for an uplifting and positive aroma
- Add to drop of honey and take internally to soothe throat*
- Dilute with coconut oil for a daily fingernail conditioning massage
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives, and greasy substances from fabric
- Use to clean kitchen counters and stainless steel appliances
- Add to olive oil for a non-toxic furniture polish



PEPPERMINT *Mentha piperita*

- Take one drop internally to calm occasional indigestion or upset stomach*
- Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically for an invigorating vapor
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use internally with Lavender and Lemon to protect against seasonal threats*
- Diffuse during study time





ESSENTIAL OIL SINGLES

The dōTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil benefits.

Arborvitae

ESSENTIAL OIL

Thuja plicata

Known as the "tree of life," Arborvitae is majestic in size and abundant in benefits.

- Helps promote clear and healthy-looking skin
- Powerful cleansing agent
- Warm, earthy aroma



49360001	5mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV

Basil

ESSENTIAL OIL

Ocimum basilicum

Valued for its restorative effects, Basil is also commonly used for its calming properties.

- Helps keep your skin looking clean, clear, and healthy
- Aromatic use helps create a calm and relaxed environment
- When taken internally, supports cardiovascular and nervous system health*



30010001	15mL bottle
\$32.00 retail	\$24.00 wholesale 24 PV

Bergamot

ESSENTIAL OIL

Citrus bergamia

Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.

- Frequently used in massage therapy for its calming benefits
- Apply to the skin while showering and inhale deeply to experience its calming aroma while enjoying its purifying skin benefits



30790001	15mL bottle
\$40.00 retail	\$30.00 wholesale 30 PV



Black Pepper

ESSENTIAL OIL

Piper nigrum

Black Pepper is best known as a cooking spice that enhances the flavor of foods, but its internal and topical benefits are equally noteworthy. This essential oil is known for powerful antioxidant and digestive support when used internally*

- Aids digestion and supports healthy circulation when used internally*
- Soothing and satisfying aroma



41040001	5mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV

Black Spruce New!

ESSENTIAL OIL

Picea mariana

Black Spruce is a powerful wood essential oil. Distilled from the needle and branches of the *Picea mariana* tree, Black Spruce essential oil promotes relaxation and calmness.

- Incorporate Black Spruce into a comforting massage experience to soothe the skin after strenuous exercise
- Promotes feelings of easy breathing



60206220	5mL bottle
\$24.00 retail	\$18.00 wholesale 18 PV

Blue Tansy

ESSENTIAL OIL

Tanacetum annuum

Blue Tansy essential oil, which comes from the annual yellow-flowered Mediterranean plant, is high in chamazulene and sabinene. An important oil in the dōTERRA Deep Blue® blend, Blue Tansy can create a calm and relaxing environment.

- Add a drop to a palm full of lotion and enjoy a therapeutic massage experience after a hard workout
- Its beautiful, deep, rich blue color may stain surfaces, fabrics, and skin, so careful use and dilution is recommended



60203383	5mL bottle
\$113.33 retail	\$85.00 wholesale 80 PV



Cardamom

ESSENTIAL OIL

Elettaria cardamomum

A close relative of ginger, Cardamom has a long history as a cooking spice and for being beneficial to the digestive and respiratory systems when taken internally.*

- Helps ease indigestion and maintain overall gastrointestinal health when ingested*
- Promotes clear breathing and maintains respiratory health when used internally*
- Flavorful spice for cooking and baking



49350001	5mL bottle
\$34.67 retail	\$26.00 wholesale 26 PV



Cassia

ESSENTIAL OIL
Cinnamomum cassia

Closely related to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.

- May promote healthy cardiovascular system function when consumed*
- Promotes healthy digestion when taken internally*
- May help support healthy immune system function when ingested*



30020001	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

Cedarwood

ESSENTIAL OIL
Juniperus virginiana

Cedarwood has a warm, woody, balsamic fragrance that creates a comforting and relaxing environment.

- During your facial routine, add one to two drops of Cedarwood to your facial toner or moisturizer for added clarifying properties
- Add to mulch or topsoil to repel insects
- Blends well with floral or citrus oils



49300001	15mL bottle	
\$17.33 retail	\$13.00 wholesale	13 PV

Celery Seed New!

ESSENTIAL OIL
Apium graveolens

Sourced from the celery plant, Celery Seed essential oil has a warm, sweet aroma, and may improve digestion when used internally.*

- Supports a healthy digestive system when consumed*
- Add a few drops of Celery Seed to your favorite drink or shake for powerful cleansing benefits*
- Soothing and supportive to the nervous system when taken internally*



60209677	15mL bottle	
\$48.00 retail	\$36.00 wholesale	36 PV

Cilantro

ESSENTIAL OIL
Coriandrum sativum

From the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tasty flavor.

- Used in soaps for cleansing purposes
- Place one to two drops in a dōTERRA Veggie Cap to support healthy digestion and immune system function*
- For a fresh, herbal aroma, diffuse three to four drops of Cilantro with the citrus essential oil of your choice



41850001	15mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV

Cinnamon Bark

ESSENTIAL OIL
Cinnamomum zeylanicum

Well known for its use as a spice, Cinnamon also has many health-promoting benefits.

- Place one drop of Cinnamon essential oil in hot water or tea and drink slowly to soothe your throat*
- Add to your favorite recipes in place of ground cinnamon for a delightfully spicy flavor
- Internal use supports healthy metabolic function*



30030001	5mL bottle	
\$32.00 retail	\$24.00 wholesale	24 PV





APPLICATION METHODS **A** Can be used aromatically **T** Can be used topically **I** Can be used internally

SKIN SENSITIVITY **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

Citronella New!

ESSENTIAL OIL

Cymbopogon winterianus

Citronella is a tall grass grown in Asia with a crisp, fresh aroma. Often used as a natural insect repellent, Citronella is an ideal companion during outdoor activities.

- Diffuse or apply topically with a carrier oil to ward off bugs as an insect repellent
- Combine with citrus oils or dōTERRA On Guard® to boost your surface cleaning routine

A T S

60209676 | 15mL bottle

\$24.00 retail | \$18.00 wholesale | 18 PV

Clary Sage

ESSENTIAL OIL

Salvia sclarea

Clary Sage is known for its soothing and calming properties.

- Apply to abdomen for a soothing massage
- Combine with Roman Chamomile and add to bath water for a stress-relieving bath
- Promotes healthy-looking hair and scalp

A T I N

30420001 | 15mL bottle

\$48.67 retail | \$36.50 wholesale | 36.5 PV

Clove

ESSENTIAL OIL

Eugenia caryophyllata

Known as a popular cooking spice, Clove has many beneficial uses.

- Promotes healthy teeth and gums
- Internal use has powerful antioxidant benefits*
- Soothing, warm aroma



30040001	15mL bottle
\$21.33 retail	\$16.00 wholesale 16 PV

Coriander

ESSENTIAL OIL

Coriandrum sativum

Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.

- Similar chemical composition to Lavender
- Add to oily skin to maintain a clear complexion
- After a short workout, apply Coriander to legs for a soothing massage



30780001	15mL bottle
\$33.33 retail	\$25.00 wholesale 25 PV

Copaiba Top Seller!

ESSENTIAL OIL

Copaifera reticulata, officinalis, coriacea, and langsdorffii

Copaiba, when taken internally, supports a healthy immune and cardiovascular system.*

- Provides antioxidant support when ingested*
- Helps soothe and support the nervous system when consumed*
- Promotes clear, smooth skin and reduces the appearance of blemishes



60202178	15mL bottle
\$46.67 retail	\$35.00 wholesale 35 PV

Cypress

ESSENTIAL OIL

Cupressus sempervirens and lusitanica

Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its energizing properties and use in spas.

- Prior to a long run, apply Cypress to your feet and legs for an energizing boost
- Add one to two drops to your toner to help improve the appearance of oily skin
- Diffuse with citrus oils for an uplifting aroma



60206972	15mL bottle
\$20.67 retail	\$15.50 wholesale 15.5 PV

Douglas Fir

ESSENTIAL OIL

Pseudotsuga menziesii

dōTERRA Douglas Fir is sustainably sourced from young, pre-coning trees, giving it a chemical composition that's particularly rich in α -pinene and esters.

- Add to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma
- Creates positive and inspiring surroundings
- Refreshing, airy aroma



31590001	5mL bottle
\$26.00 retail	\$19.50 wholesale 19.5 PV



Eucalyptus

ESSENTIAL OIL

Eucalyptus radiata

Derived from eucalyptus leaves, Eucalyptus essential oil has many beneficial compounds.

- Add one drop to moisturizer and apply to skin for revitalizing benefits
- Promotes feelings of clear breathing



30060001	15mL bottle	
\$22.67 retail	\$17.00 wholesale	17 PV

Fennel (Sweet)

ESSENTIAL OIL

Foeniculum vulgare

Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Take internally to promote healthy digestion*
- May help promote healthy metabolism, liver function, and circulation when taken internally*
- Provides an invigorating and calming aromatic atmosphere



41290001	15mL bottle	
\$20.00 retail	\$15.00 wholesale	15 PV



PRODUCT HIGHLIGHT

Frankincense

dōTERRA Frankincense essential oil is steam-distilled from wild-crafted gum resins of the *Boswellia carterii*, *sacra*, *papyrifera*, and *frereana* trees. Highly prized in the ancient world for its fragrant and health-promoting properties, it is a favorite among modern wellness practitioners for its many emotional and physical health applications.

Frankincense Top Seller!

ESSENTIAL OIL

Boswellia carterii, *sacra*, *papyrifera*, and *frereana*

Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Add to moisturizer to help reduce the appearance of skin imperfections and rejuvenate skin
- Place one to two drops in a dōTERRA Veggie Cap to support healthy cellular function*
- Apply to the bottoms of feet for a relaxing experience



30070001	15mL bottle	
\$90.67 retail	\$68.00 wholesale	63 PV

Geranium

ESSENTIAL OIL

Pelargonium graveolens

Known for its floral aroma, Geranium is also a common ingredient in skin care products.

- Add to your favorite facial moisturizer to soothe and beautify skin
- Apply diluted to skin with a carrier oil
- Add a few drops to your shampoo or conditioner for a healthy, vibrant glow



30090001	15mL bottle
\$41.33 retail	\$31.00 wholesale 31 PV

Grapefruit

ESSENTIAL OIL

Citrus x paradisi

Creates an uplifting environment, Grapefruit is renowned for its cleansing effects.

- Improves the appearance of blemishes
- Add one to two drops to your water to support a healthy metabolism*



30100001	15mL bottle
\$24.00 retail	\$18.00 wholesale 18 PV

Ginger

ESSENTIAL OIL

Zingiber officinale

Ginger is most noted for its sweet flavoring and positive effect on the digestive system when consumed.*

- May help reduce occasional nausea when consumed*
- May help support healthy digestion when taken internally*
- May help reduce bloating and occasional indigestion when ingested*



31630001	15mL bottle
\$54.67 retail	\$41.00 wholesale 41 PV

Green Mandarin

ESSENTIAL OIL

Citrus nobilis

Pressed from the unripe fruit of the mandarin tree, Green Mandarin essential oil is known for supporting healthy digestive and immune systems when taken internally.*

- Can be soothing to the nervous system when ingested*
- Diffuse anytime for a soothing and uplifting aroma
- Add a few drops to your water bottle to help promote healthy immune and respiratory function*



60205794	15mL bottle
\$37.33 retail	\$28.00 wholesale 28 PV



PRODUCT HIGHLIGHT

Lavender

Known for its many calming properties, Lavender is the most widely used essential oil in the world. It takes approximately 3 bushels of lavender to produce just 15mL's of CPTG® oil.

Helichrysum

ESSENTIAL OIL

Helichrysum italicum

Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and sought-after essential oils.

- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion
- Massage into the temples and back of neck for a soothing sensation
- Uplifting aroma



30410001	5mL bottle
\$93.33 retail	\$70.00 wholesale 60 PV

Juniper Berry

ESSENTIAL OIL

Juniperus communis

The woody, spicy, yet fresh aroma of Juniper Berry reveals its rich history of traditional use and health benefits.

- Supports healthy kidney and urinary tract function when taken internally*
- Acts as a natural skin toner
- Add one to two drops to water or citrus drinks to support healthy kidney and urinary tract function*



49290001	5mL bottle
\$25.33 retail	\$19.00 wholesale 19 PV

Lavender

Top Seller!

ESSENTIAL OIL

Lavandula angustifolia

Lavender has been cherished for its unmistakable aroma and health properties for thousands of years.

- Take internally to reduce anxious feelings*
- Soothes occasional skin irritations
- Take internally for a peaceful sleep*



30110001	15mL bottle
\$30.67 retail	\$23.00 wholesale 23 PV

Lemon

Top Seller!

ESSENTIAL OIL

Citrus limon

This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its delicate nature and potent properties.

- Cleanses and purifies the air and surfaces
- Internal use naturally cleanses the body and aids in digestion*
- Supports healthy respiratory function when taken internally*
- Uplifting, positive aroma



30120001	15mL bottle
\$14.67 retail	\$11.00 wholesale 11 PV

"I knew almost immediately after uncapping the lid that Juniper Berry would become one of my favorite essential oils. When I am under stress, it is my go-to oil to diffuse. The crisp smell of nature compacted into a small glass bottle doesn't get any better!"

Caitlyn C., Chester, Virginia

Lemon Eucalyptus New!

ESSENTIAL OIL
Eucalyptus citriodora

Lemon Eucalyptus essential oil is derived from a lemon-scented blue gum eucalypti plant, a tall tree with smooth bark native to northern Australia.

- Has a fresh, lemony aroma
- Add to a spray bottle to cleanse surfaces and refresh any room
- Diffuse for an uplifting aroma
- Add one to two drops to a skin cleansing routine



60209674	15mL bottle
\$16.00 retail	\$12.00 wholesale 12 PV

Lemongrass

ESSENTIAL OIL
Cymbopogon flexuosus

Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many health-promoting benefits.

- Use to flavor entrées and meat dishes while promoting healthy digestion*
- Combine with a carrier oil for a soothing massage
- Promotes healthy digestion and acts as an overall tonic to the body's systems when ingested*



30130001	15mL bottle
\$13.33 retail	\$10.00 wholesale 10 PV

Lime

ESSENTIAL OIL
Citrus aurantifolia

The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.

- Supports healthy immune function when ingested*
- Refreshing aroma
- The aroma encourages a balanced and energizing atmosphere



30870001	15mL bottle
\$17.33 retail	\$13.00 wholesale 13 PV

Marjoram

ESSENTIAL OIL
Origanum majorana

Also known as "wintersweet" or "joy of the mountains," Marjoram has both culinary uses and healthful benefits.

- Adds to a soothing, calming massage
- May promote healthy cardiovascular system function when ingested*
- Apply to muscles before and after exercise



30140001	15mL bottle
\$25.33 retail	\$19.00 wholesale 19 PV



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Melissa

ESSENTIAL OIL

Melissa officinalis

Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.

- May help support a healthy immune system when taken internally*
- Internal use can help calm tension and nerves*
- Encourages a relaxing atmosphere



30850001	5mL bottle
\$153.33 retail	\$115.00 wholesale 100 PV

Myrrh

ESSENTIAL OIL

Commiphora myrrha

Used historically in many ways—from meditation to embalming—Myrrh is still frequently recommended today.

- Powerful cleansing properties, especially for the mouth and throat
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Creates an uplifting atmosphere



30160001	15mL bottle
\$78.67 retail	\$59.00 wholesale 50 PV

Oregano Top Seller!

ESSENTIAL OIL

Origanum vulgare

Derived from the leaves of the oregano plant, Oregano essential oil has many traditional and modern uses.

- Supports a healthy immune system, healthy digestion, and respiratory function when ingested*
- Offers powerful antioxidants when consumed*
- Used as a powerful cleansing and purifying agent



30180001	15mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV

Patchouli

ESSENTIAL OIL

Pogostemon cablin

Patchouli is easily recognizable for its rich, musky-sweet fragrance.

- Contributes to a grounding, balancing atmosphere
- Promotes a smooth, glowing complexion when applied topically
- Add to your daily moisturizer to help reduce the appearance of blemishes, wrinkles, or problem skin areas



30890001	15mL bottle
\$37.33 retail	\$28.00 wholesale 28 PV

Peppermint Top Seller!

ESSENTIAL OIL

Mentha piperita

A top-selling favorite, Peppermint provides myriad health benefits.

- Promotes digestive health when taken internally*
- Helps alleviate occasional stomach upset when consumed*
- Promotes healthy respiratory function and clear breathing when ingested*
- Repels bugs naturally



30190001	15mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV



Peppermint Beadlets

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

- Promotes oral and respiratory health when consumed*
- Alleviates occasional stomach upset when ingested*
- Provides all the benefits of Peppermint essential oil when taken internally*

I

31570001	125 beadlets	
\$16.67 retail	\$12.50 wholesale	12.5 PV

Petitgrain

ESSENTIAL OIL
Citrus aurantium

Petitgrain has a fresh, slightly herbaceous aroma and a variety of uses.

- May help support healthy cardiovascular function when taken internally*
- When taken internally, may provide antioxidant support*
- Take internally to help ease feelings of tension, to help calm the nervous system, and to promote restful sleep*

A T I S

49520001	15mL bottle	
\$33.33 retail	\$25.00 wholesale	25 PV

PRODUCT HIGHLIGHT

Pink Pepper

Through dōTERRA Co-Impact Sourcing® initiatives, Pink Pepper comes from rural communities in Kenya and Peru where it is wild harvested and then distilled by exclusive partner-owned distillation facilities. This process has created new and exciting economic opportunities for these remote regions.

Pink Pepper

ESSENTIAL OIL
Schinus molle

A sacred tree to the Incans, Pink Pepper essential oil is distilled from the fruit of the pink peppercorn tree, which was used by indigenous people as herbal solutions to health needs.

- Soothing to the nervous system when consumed*
- Massage into the skin to help calm and soothe after strenuous exercise
- Take internally to support digestive, respiratory, and immune health*

A T I N

60207016	5mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV



Pink Pepper

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Roman Chamomile

ESSENTIAL OIL

Anthemis nobilis

The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.

- Internal use may be calming to the body*
- When ingested, may help support healthy immune system function*
- Diffuse or apply to bottoms of feet at bedtime



30800001	5mL bottle
\$60.00 retail	\$45.00 wholesale 45 PV

"Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results; Sandalwood can change my clients' mood and helps me focus on what matters."

Jacqueline L., Victoria, Australia

Sandalwood

ESSENTIAL OIL

Santalum album

With documented history of use over several thousand years, Sandalwood has a wide variety of applications.

- Promotes healthy-looking, smooth skin
- Reduces the appearance of skin imperfections
- Creates a positive environment
- Frequently used in meditation for its grounding aroma



30210001	5mL bottle
\$93.33 retail	\$70.00 wholesale 60 PV

Rose New!

ESSENTIAL OIL

Rosa damascena

Known as the 'Queen of Oils,' Rose essential oil is highly sought after for its aroma and powerful topical and emotional benefits.

- Add to your favorite dōTERRA moisturizer to promote an even skin tone and healthy looking complexion
- Diffuse Rose to promote an atmosphere of happiness and vitality



31000001	5mL bottle
\$366.67 retail	\$275.00 wholesale 200 PV

Rosemary

ESSENTIAL OIL

Rosmarinus officinalis

Considered sacred by the ancient Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has a myriad of uses.

- Internal use may support healthy respiratory function*
- May help support healthy digestion when consumed*
- When taken internally, may help to reduce nervous tension and occasional fatigue*



30200001	15mL bottle
\$21.33 retail	\$16.00 wholesale 16 PV

Sandalwood, Hawaiian

ESSENTIAL OIL

Santalum paniculatum

From a renewable source in Hawaii, dōTERRA® Hawaiian Sandalwood delivers a variety of benefits.

- Helps improve the appearance of skin and hair
- Creates an uplifting, positive environment



41860001	5mL bottle
\$93.33 retail	\$70.00 wholesale 60 PV

Siberian Fir

ESSENTIAL OIL

Abies sibirica

With a fresh, wood scent, Siberian Fir is known for its calming and relaxing aroma.

- Provides a soothing effect when used in massage
- Apply topically to help soothe minor skin irritations



60203125	15mL bottle	
\$26.67 retail	\$20.00 wholesale	20 PV

Spearmint

ESSENTIAL OIL

Mentha spicata

Spearmint is widely used for its digestive benefits* and as a flavoring for a variety of dishes and drinks.

- Promotes digestion and helps reduce occasional stomach upset when used internally*
- Incorporate into effective work and study habits
- Add a drop or two to any dessert, drink, salad, or entrée for flavoring



31610001	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV

PRODUCT HIGHLIGHT

Vetiver

Through the dōTERRA Cō-Impact Sourcing* Initiative, our source of Vetiver essential oil comes from dedicated farmers in Haiti. Although it is a highly sought oil, harvesting vetiver does not provide growers with a steady stream of income throughout the year. The Cō-Impact Sourcing Initiative in Haiti aims to solve this problem by establishing fair, consistent pay for CPTG* Vetiver essential oil.

Spikenard

ESSENTIAL OIL

Nardostachys jatamansi

Spikenard essential oil has a woody, spicy aroma to uplift mood and promote relaxation.

- Known to create a grounding environment
- Tranquil aroma
- Add one or two drops to your favorite cleanser to promote healthy, glowing skin



49510001	5mL bottle	
\$66.00 retail	\$49.50 wholesale	49.5 PV

Tangerine

ESSENTIAL OIL

Citrus reticulata

Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties and for supporting a healthy immune and respiratory system when consumed*

- Internal use supports healthy digestion and metabolism*
- Cleansing and purifying
- Creates an inspiring environment



49440001	15mL bottle	
\$20.00 retail	\$15.00 wholesale	15 PV



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Turmeric

Turmeric

ESSENTIAL OIL

Curcuma longa

Commonly known for its Ayurvedic health uses, Turmeric is a staple for your daily health routine

- May support healthy nervous and cellular function when ingested*
- May promote healthy immune function and response when consumed*
- As a part of your daily routine, take internally for antioxidant support*



60206973 | 15mL bottle

\$37.33 retail	\$28.00 wholesale	28 PV
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Tea Tree Top Seller!

ESSENTIAL OIL

Melaleuca alternifolia

Tea Tree oil is composed of 90 different compounds and has limitless applications.

- Renowned for its purifying and cleansing properties
- Soothing to irritated skin
- Diffuse throughout the home to help purify and freshen the air



60208340 | 15mL bottle

\$28.00 retail	\$21.00 wholesale	21 PV
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Thyme

ESSENTIAL OIL

Thymus vulgaris

Thyme, familiar to most as a common seasoning, produces a potent essential oil.

- Supports a healthy immune system when used internally*
- Provides cleansing and purifying effects for the skin



30220001 | 15mL bottle

\$39.33 retail	\$29.50 wholesale	29.5 PV
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Vetiver

ESSENTIAL OIL

Vetiveria zizanioides

Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

- Calming, grounding aroma
- Use as part of a soothing, aromatic massage
- Use as an earthy base note in your favorite diffuser blend



30430001 | 15mL bottle

\$54.67 retail	\$41.00 wholesale	41 PV
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Wild Orange Top Seller!

ESSENTIAL OIL

Citrus sinensis

Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.

- Powerful cleanser and purifying agent
- Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing aroma



30170001	15mL bottle
\$13.33 retail	\$10.00 wholesale 10 PV



Ylang Ylang



Wintergreen

ESSENTIAL OIL

Gaultheria fragrantissima

Most consumers recognize the aroma and flavor of Wintergreen. As a flavoring, small amounts of Wintergreen are used in candy and chewing gum.

- Commonly used in oral hygiene products
- Massage into hands, back, and legs for a soothing and warming sensation after exercise
- Diffuse for a sweet, uplifting aroma



31620001	15mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV

Ylang Ylang

ESSENTIAL OIL

Cananga odorata

Ylang Ylang, while famed for its exquisite fragrance, has myriad benefits.

- Taken internally, may provide antioxidant support*
- Adds an aromatic experience to a soothing, calming massage
- Promotes healthy-looking skin and hair



30240001	15mL bottle
\$49.33 retail	\$37.00 wholesale 37 PV

Fractionated Coconut Oil

Combine dōTERRA® Fractionated Coconut Oil with your favorite dōTERRA essential oils for your own readily absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- Ideal for combining with essential oils before applying topically
- Completely soluble with all essential oils; odorless, colorless, and non-staining



31640001	3.8 fl oz/115mL
\$16.00 retail	\$12.00 wholesale 12 PV

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



dōTERRA
cō·impact
SOURCING™

By supporting small-scale producers in developing countries, Cō-Impact Sourcing provides a solid foundation that these growers can build a future on.

Ylang Ylang is harvested on the island of Nosy Be off the northwest coast of Madagascar.

dōTERRA TOUCH® FLORALS

Nature's most coveted floral essential oils with powerful benefits have never been more simple and convenient to use. Create your own unique personal fragrance, encourage positive emotions, or promote healthy-looking skin through a single application or combination of these precious florals with ease.



Jasmine

TOUCH BLEND

dōTERRA Jasmine Touch helps reduce the appearance of skin imperfections and creates an uplifting atmosphere.



60201812	10mL roll-on
\$56.00 retail	\$42.00 wholesale
	42 PV



Magnolia Touch

TOUCH BLEND

Used in Chinese traditional health practices for hundreds of years, Magnolia is known for its fresh and compellingly sweet aroma.



60205420	10mL roll-on
\$37.33 retail	\$28.00 wholesale
	28 PV



Neroli

TOUCH BLEND

Soothing to the skin, dōTERRA Neroli Touch is specifically formulated with Fractionated Coconut Oil to create an uplifting atmosphere.



60201817	10mL roll-on
\$62.67 retail	\$47.00 wholesale
	47 PV



Rose

TOUCH BLEND

Using the powerful benefits of Rose essential oil in a convenient roll-on, dōTERRA Rose Touch can be applied throughout the day to promote an uplifting environment and as a part of your skin care routine to promote a healthy-looking complexion.



60201813	10mL roll-on
\$93.33 retail	70.00 wholesale
	65 PV



Neroli

SINGLE ESSENTIAL OILS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
ARBORVITAE <i>Thuja plicata</i>	A	T		N			49360001	\$29.33	\$22.00	22
BASIL <i>Ocimum basilicum</i>	A	T	I	N			30010001	\$32.00	\$24.00	24
BERGAMOT <i>Citrus bergamia</i>	A	T	I		S		30790001	\$40.00	\$30.00	30
BLACK PEPPER <i>Piper nigrum</i>	A	T	I		S		41040001	\$29.33	\$22.00	22
BLACK SPRUCE <i>Picea mariana</i> New!	A	T			S		60206220	\$24.00	\$18.00	18
BLUE TANSY <i>Tanacetum annuum</i>	A	T		N			60203383	\$113.33	\$85.00	80
CARDAMOM <i>Elettaria cardamomum</i>	A	T	I	N			49350001	\$34.67	\$26.00	26
CASSIA <i>Cinnamomum cassia</i>	A	T	I			D	30020001	\$25.33	\$19.00	19
CEDARWOOD <i>Juniperus virginiana</i>	A	T			S		49300001	\$17.33	\$13.00	13
CELERY SEED <i>Apium graveolens</i> New!	A	T	I		S		60209677	\$48.00	\$36.00	36
CILANTRO <i>Coriandrum sativum</i>	A	T	I	N			41850001	\$34.67	\$26.00	26
CINNAMON BARK <i>Cinnamomum zeylanicum</i>	A	T	I			D	30030001	\$32.00	\$24.00	24
CITRONELLA <i>Cymbopogon winterianus</i> New!	A	T			S		60209676	\$24.00	\$18.00	18
CLARY SAGE <i>Salvia sclarea</i>	A	T	I	N			30420001	\$48.67	\$36.50	36.5
CLOVE <i>Eugenia caryophyllata</i>	A	T	I			D	30040001	\$21.33	\$16.00	16
COPAIBA <i>Copaifera reticulata, officinalis, coriacea, and langsdorffii</i>	A	T	I		S		60202178	\$46.67	\$35.00	35
CORIANDER <i>Coriandrum sativum</i>	A	T	I	N			30780001	\$33.33	\$25.00	25
CYPRESS <i>Cupressus sempervirens and lusitanica</i>	A	T		N			30050001	\$20.67	\$15.50	15.5
DOUGLAS FIR <i>Pseudotsuga menziesii</i>	A	T		N			31590001	\$26.00	\$19.50	19.5
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T			S		30060001	\$22.67	\$17.00	17
FENNEL (SWEET) <i>Foeniculum vulgare</i>	A	T	I		S		41290001	\$20.00	\$15.00	15
FRANKINCENSE <i>Boswellia carterii, sacra, papyrifera, and frereana</i> Top Seller!	A	T	I	N			30070001	\$90.67	\$68.00	63
GERANIUM <i>Pelargonium graveolens</i>	A	T	I			D	30090001	\$41.33	\$31.00	31
GINGER <i>Zingiber officinale</i>	A	T	I		S		31630001	\$54.67	\$41.00	41
GRAPEFRUIT <i>Citrus x paradisi</i>	A	T	I	N			30100001	\$24.00	\$18.00	18
GREEN MANDARIN <i>Citrus nobilis</i>	A	T	I	N			60205794	\$37.33	\$28.00	28
HELICHRYSUM <i>Helichrysum italicum</i>	A	T	I	N			30410001	\$93.33	\$70.00	60
JUNIPER BERRY <i>Juniperus communis</i>	A	T	I	N			49290001	\$25.33	\$19.00	19
LAVENDER <i>Lavandula angustifolia</i> Top Seller!	A	T	I	N			30110001	\$30.67	\$23.00	23
LEMON <i>Citrus limon</i> Top Seller!	A	T	I	N			30120001	\$14.67	\$11.00	11
LEMON EUCALYPTUS <i>Eucalyptus citriodora</i> New!	A	T			S		60209674	\$16.00	\$12.00	12
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T	I			D	30130001	\$13.33	\$10.00	10

APPLICATION METHODS

A Can be used aromatically T Can be used topically I Can be used internally

SKIN SENSITIVITY

N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

SINGLE ESSENTIAL OILS

Quick Reference

	APPLICATION			SKIN SENSITIVITY		SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE			
LIME <i>Citrus aurantifolia</i>	A	T	I		S	30870001	\$17.33	\$13.00	13
MARJORAM <i>Origanum majorana</i>	A	T	I	N		30140001	\$25.33	\$19.00	19
MELISSA <i>Melissa officinalis</i>	A	T	I	N		30850001	\$153.33	\$115.00	100
MYRRH <i>Commiphora myrrha</i>	A	T	I	N		30160001	\$78.67	\$59.00	50
OREGANO <i>Origanum vulgare</i> Top Seller!	A	T	I			30180001	\$29.33	\$22.00	22
PATCHOULI <i>Pogostemon cablin</i>	A	T	I	N		30890001	\$37.33	\$28.00	28
PEPPERMINT <i>Mentha piperita</i> Top Seller!	A	T	I		S	30190001	\$29.33	\$22.00	22
PETITGRAIN <i>Citrus aurantium</i>	A	T	I		S	49520001	\$33.33	\$25.00	25
PINK PEPPER <i>Schinus molle</i>	A	T	I	N		60207016	\$29.33	\$22.00	22
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T	I	N		30800001	\$60.00	\$45.00	45
ROSE <i>Rosa damascena</i> New!	A	T			S	60206972	\$366.67	\$275.00	200
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	I	N		30200001	\$21.33	\$16.00	16
SANDALWOOD <i>Santalum album</i>	A	T	I	N		30210001	\$93.33	\$70.00	60
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T	I	N		41860001	\$93.33	\$70.00	60
SIBERIAN FIR <i>Abies sibirica</i>	A	T	I	N		60203125	\$26.67	\$20.00	20
SPEARMINT <i>Mentha spicata</i>	A	T	I		S	31610001	\$37.33	\$28.00	28
SPIKENARD <i>Nardostachys jatamansi</i>	A	T		N		49510001	\$66.00	\$49.50	49.5
TANGERINE <i>Citrus reticulata</i>	A	T	I	N		49440001	\$20.00	\$15.00	15
TEA TREE <i>Melaleuca alternifolia</i> Top Seller!	A	T		N		60208340	\$28.00	\$21.00	21
THYME <i>Thymus vulgaris</i>	A	T	I			30220001	\$39.33	\$29.50	29.5
TURMERIC <i>Curcuma longa</i>	A	T	I	N		60206973	\$37.33	\$28.00	28
VETIVER <i>Vetiveria zizanioides</i>	A	T	I	N		30430001	\$54.67	\$41.00	41
WILD ORANGE <i>Citrus sinensis</i> Top Seller!	A	T	I	N		30170001	\$13.33	\$10.00	10
WINTERGREEN <i>Gaultheria fragrantissima</i>	A	T			S	31620001	\$29.33	\$22.00	22
YARROW POM <i>Active Botanical Nutritive Duo</i>		T	I	N		60207652	\$126.67	\$95.00	95
YLANG YLANG <i>Cananga odorata</i>	A	T	I	N		30240001	\$49.33	\$37.00	37

SINGLE TOUCH FLORALS

Quick Reference

JASMINE TOUCH <i>Jasminum grandiflorum</i>	A	T		N		60201812	\$56.00	\$42.00	42
MAGNOLIA TOUCH <i>Michelia alba</i>	A	T		N		60205420	\$37.33	\$28.00	28
NEROLI TOUCH <i>Citrus x aurantium</i>	A	T		N		60201817	\$62.67	\$47.00	47
ROSE TOUCH <i>Rosa damascena</i>	A	T		N		60201813	\$93.33	\$70.00	65

Proprietary

ESSENTIAL OIL BLENDS

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Therapeutic Grade® essential oils.

dōTERRA Align
CENTERING BLEND

Invite confident peace into your daily practice by embracing the Centering Blend.

- Apply over heart, wrists, and back of neck and set intentions about self-acceptance and fluidity
- Enjoy the aroma of dōTERRA Align with thoughts of centering and focus
- Ideal yoga poses with dōTERRA Align's aroma are Warrior II, Triangle, and Gate pose
- Can be used during yoga practice or any time during your day



60203246	5mL bottle
\$22.67 retail	\$17.00 wholesale 17 PV

dōTERRA Anchor
STEADYING BLEND

Accompany thoughts of calming strength and firm trust in oneself with the Steadying Blend.

- Complements an effective yoga practice
- Promotes an atmosphere full of calmness and courage
- The perfect yoga poses to pair with dōTERRA Anchor's aroma are Seated Meditation, Seated Twist, and Bhujangasana (one hand on the heart, the other on the Earth)
- Can be used during yoga practice or any time during your day



60203245	5mL bottle
\$25.67 retail	\$20.00 wholesale 20 PV





dōTERRA Balance®

GROUNDING BLEND

dōTERRA Balance Grounding Blend has a warm, woody aroma that creates a sense of calmness and well-being.

- Features Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, and Osmanthus in a base of Fractionated Coconut Oil
- Adds to a relaxing massage
- Creates a calming atmosphere



31010001	15mL bottle	
\$28.00 retail	\$21.00 wholesale	21 PV

dōTERRA Arise

ENLIGHTENING BLEND

Inspire feelings of joy and courageously rise to your goals with the Enlightening Blend.

- Use to set intentions of happiness, clarity, and courage
- Enjoy the aromatic benefits of dōTERRA Arise when you are challenging yourself to achieve the next level
- Use dōTERRA Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon
- Can be used during yoga practice or any time during your day



60203247	5mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

AromaTouch®

MASSAGE BLEND

This proprietary massage blend combines the benefits of oils well known for their soothing and relaxing effects.

- Features Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender
- Adds an aromatic experience to a soothing massage
- Add to Epsom salts and enjoy soaking in a hot bath



31200001	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV

dōTERRA Breathe®

RESPIRATORY BLEND

dōTERRA Breathe Respiratory Blend is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara
- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats
- Diffuse or inhale directly when environmental threats are high



60200190	15mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV



Cō-Impact Sourcing supports both local farmers and the environment by seeking ways to minimize our impact through better farming practices.

Jasmine blossoms are harvested near Cairo, Egypt, during the pre-dawn hours when oils are most potent.

Citrus Bliss®

INVIGORATING BLEND

The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.

- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a hint of vanilla
- Uplifting, sweet aroma
- Ideal for freshening the air



31020001	15mL bottle	
\$24.00 retail	\$18.00 wholesale	18 PV

ClaryCalm®

MONTHLY BLEND FOR WOMEN

ClaryCalm is a unique blend of essential oils developed especially for women.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa and Vitex
- Provides a cooling and calming effect
- Apply to wrists to experience the calming aroma



49480001	10mL roll-on	
\$36.00 retail	\$27.00 wholesale	27 PV

DDR Prime®

CELLULAR COMPLEX

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative stress to cellular DNA.*

- Combines Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, and Lemongrass
- Provides antioxidant protection against oxidative stress when taken internally*
- Supports a healthy response to cellular stressors and cellular regeneration when ingested*



60207092	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV

Deep Blue®

Top Seller!

SOOTHING BLEND

Deep Blue provides soothing effects that can be felt immediately.

- Features Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, Osmanthus extract
- Rub Deep Blue on lower back muscles after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime



60200143	5mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV
60200144	10mL roll-on	
\$78.67 retail	\$59.00 wholesale	55 PV

DigestZen®

Top Seller!

DIGESTIVE BLEND

The well-recognized essential oils in DigestZen are known for providing digestive benefits when ingested.*

- Features a proprietary blend of Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel
- Promotes healthy digestion when consumed*
- Helps maintain a healthy gastrointestinal tract when taken internally*
- Take orally to help reduce gas and occasional indigestion*



31030001	15mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV

See page 66 for DigestZen Softgels

"DigestZen is my life-saving oil! When I don't get enough sleep, my stomach cramps up. I don't sleep well when my husband is gone, and he works on a rotation where he is away as much or more than he is home. DigestZen is the oil I use very regularly to help calm my stomach during those long weeks when he is gone."

Jennifer B., Eagle River, Alaska

Elevation

JOYFUL BLEND

Elevation is a proprietary blend of essential oils that can elevate sensory experience.

- Features Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus, Lemon Myrtle, and Melissa
- Use on joyful occasions
- Diffuse to create an uplifting environment



31040001	15mL bottle
\$57.33 retail	\$43.00 wholesale 43 PV

Immortelle

ANTI-AGING BLEND

This powerful blend of essential oils nourishes and supports skin to help sustain smoother, more radiant, and youthful-looking skin.

- Features the renewing power of rare essential oils—Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose
- Helps reduce the appearance of fine lines and wrinkles
- Helps reduce contributing factors to the appearance of aging skin



60202652	10mL roll-on
\$92.00 retail	\$69.00 wholesale 65 PV

dōTERRA On Guard®

PROTECTIVE BLEND

dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function when taken internally*
- Supports the body's natural antioxidant defenses when ingested*
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion



31100001	15mL bottle
\$45.33 retail	\$34.00 wholesale 34 PV

See page 45 for dōTERRA On Guard • Softgels

HD Clear®

TOPICAL BLEND

Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean complexion with essential oils renowned for their skin-benefitting properties.

- Features a unique blend of black cumin seed oil as well as CPTG® essential oils of Ho Leaf, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes a clear complexion
- Helps reduce breakouts



49400001	10mL roll-on
\$28.00 retail	\$21.00 wholesale 21 PV

InTune®

FOCUS BLEND

InTune is a proprietary blend of carefully selected essential oils, ideal for use while at school or work.

- Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, and Roman Chamomile
- Creates an atmosphere conducive for studying and meditation



41840001	10mL roll-on
\$46.00 retail	\$34.50 wholesale 34.5 PV

dōTERRA On Guard® Beadlets

With its unique formula, dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.*

- Supports healthy immune function*
- Provides a convenient consumption method for dōTERRA On Guard Protective Blend
- Freshens breath



31580001	125 beadlets
\$21.33 retail	\$16.00 wholesale 16 PV

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



dōTERRA
cō·impact
SOURCING

At dōTERRA we are anxiously engaged in identifying ways we can positively contribute to creating sustainable jobs and addressing community needs.

dōTERRA helps rural farmers in Kenya cultivate Geranium.

PastTense®
TENSION BLEND

PastTense is a distinctive blend of essential oils known to create a calming and soothing aromatic experience.

- Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary
- Comforting and soothing aroma
- Packaged for convenient application in a roll-on bottle



31350001	10mL roll-on
\$26.00 retail	\$19.50 wholesale 19.5 PV

Purify
CLEANSING BLEND

Purify is designed to eliminate odors naturally without toxic additives.

- Combines Lemon, Siberian Fir, Citronella, Lime, Tea Tree, and Cilantro
- Refreshing aroma eradicates unpleasant odors and clears the air
- Protects against environmental threats



31060001	15mL bottle
\$26.67 retail	\$20.00 wholesale 20 PV

dōTERRA Serenity®
RESTFUL BLEND

dōTERRA Serenity has a calming and relaxing aroma.

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, and Hawaiian Sandalwood
- Creates a perfect escape with its calming, renewing fragrance
- Creates a restful environment at bedtime



49530001	15mL bottle
\$42.67 retail	\$32.00 wholesale 32 PV

Slim & Sassy® Top Seller!
METABOLIC BLEND

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism when ingested*
- Helps manage hunger cravings when taken with water*
- Diuretic-, stimulant-, and calorie-free



31370001	15mL bottle
\$34.67 retail	\$26.00 wholesale 26 PV



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TerraShield®

OUTDOOR BLEND

No matter where your travels take you, you'll want to have TerraShield on hand.

- Features Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute, and Arborvitae in a base of Fractionated Coconut Oil
- Diffuse during outdoor events
- Apply before hiking or camping



31700001	15mL bottle
\$14.00 retail	\$10.50 wholesale 10.5 PV
31600001	30mL spray bottle
\$26.00 retail	\$19.50 wholesale 17 PV

Zendocrine®

DETOXIFICATION BLEND

Zendocrine essential oil blend supports the body's natural ability to rid itself of unwanted substances when used internally.*

- Features Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro
- Purifying and detoxifying to the body's systems when consumed*
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin when taken internally*



31460001	15mL bottle
\$32.00 retail	\$24.00 wholesale 24 PV

Whisper®

BLEND FOR WOMEN

Create a beautiful and unique personal fragrance with the essences of the most appealing CPTG® essential oils.

- Contains Patchouli, Bergamot, Hawaiian Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon, Vetiver, Labdanum Absolute, Cocoa Extract, and Ylang Ylang
- Provides a calm and relaxing environment throughout the day



31080001	5mL bottle
\$32.00 retail	\$24.00 wholesale 24 PV



ESSENTIAL OIL BLENDS
Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
ADAPTIV™ Calming Blend New!	A	T		N			60209364	\$50.00	\$37.50	37.5
Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, Sweetgum										
ADAPTIV™ TOUCH Calming Blend New!	A	T		N			60209357	\$26.67	\$20.00	20
Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, Sweetgum										
AROMATOUCH® Massage Blend		T		N			31200001	\$37.33	\$28.00	28
Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender										
dōTERRA BALANCE® Grounding Blend	A	T		N			31010001	\$28.00	\$21.00	21
Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus Extract										
dōTERRA BREATHE® Respiratory Blend	A	T			S		60200190	\$29.33	\$22.00	22
Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, Ravensara										
CITRUS BLISS® Invigorating Blend	A	T		N			31020001	\$24.00	\$18.00	18
Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla Absolute										
CLARYCALM® Monthly Blend for Women	A	T		N			49480001	\$36.00	\$27.00	27
Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex										
DDR PRIME® Cellular Complex		T	I		S		60207092	\$37.33	\$28.00	28
Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, Lemongrass										
DEEP BLUE® Soothing Blend Top Seller!		T			S		60200143	\$44.00	\$33.00	33
Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, Osmanthus Extract										
DIGESTZEN® Digestive Blend Top Seller!	A	T	I	N			31030001	\$44.00	\$33.00	33
Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, Fennel										
ELEVATION Joyful Blend	A	T		N			31040001	\$57.33	\$43.00	43
Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus extract., Lemon Myrtle, Melissa										
HD CLEAR® Topical Blend		T		N			49400001	\$28.00	\$21.00	21
Black Cumin, Ho wood, Tea Tree, Litsea, Eucalyptus, Geranium										
IMMORTELLE Anti-Aging Blend		T		N			60202652	\$92.00	\$69.00	65
Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, Rose										
INTUNE® Focus Blend	A	T		N			41840001	\$46.00	\$34.50	34.5
Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile										
dōTERRA ON GUARD® Protective Blend Top Seller!	A	T	I		S		31100001	\$45.33	\$34.00	34
Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary										
PASTTENSE® Tension Blend	A	T		N			31350001	\$26.00	\$19.50	19.5
Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary										

ESSENTIAL OIL BLENDS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
PURIFY <i>Cleansing Blend</i>	A	T		N			31060001	\$26.67	\$20.00	20
<i>Lemon, Siberian Fir, Citronella, Lime, Tea Tree, Cilantro</i>										
dōTERRA SERENITY <i>Restful Blend</i>	A	T		N			49530001	\$42.67	\$32.00	32
<i>Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, Hawaiian Sandalwood</i>										
SLIM & SASSY <i>Metabolic Blend</i> Top Seller!	A	T	I		S		31370001	\$34.67	\$26.00	26
<i>Grapefruit, Lemon, Peppermint, Ginger, Cinnamon</i>										
TERRASHIELD <i>Outdoor Blend</i>	A	T		N			31700001	\$14.00	\$10.50	10.5
<i>Fractionated Coconut Oil, Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute, Arborvitae</i>										
WHISPER <i>Blend for Women</i>	A	T		N			31080001	\$32.00	\$24.00	24
<i>Fractionated Coconut Oil, Patchouli, Bergamot, Hawaiian Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon Bark, Vetiver, Labdanum Absolute, Cocoa Absolute, Ylang Ylang</i>										
ZENDOCRINE <i>Detoxification Blend</i>	A	T	I	N			31460001	\$32.00	\$24.00	24
<i>Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro</i>										



Petitgrain oil is extracted via steam distillation on site in Paraguay.

dōTERRA EMOTIONAL AROMATHERAPY® OIL BLENDS

Quick Reference

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
dōTERRA MOTIVATE® <i>Encouraging Blend</i>	A	T			S		31740001	\$30.67	\$23.00	23
<i>Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, Vanilla Absolute</i>										
dōTERRA CHEER® <i>Uplifting Blend</i>	A	T			S		31720001	\$33.33	\$25.00	25
<i>Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Ginger, Cinnamon, Vanilla Absolute, Zdravetz</i>										
dōTERRA PASSION® <i>Inspiring Blend</i>	A	T			S		31760001	\$56.00	\$42.00	42
<i>Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine Absolute, Vanilla Absolute, Damiana</i>										
dōTERRA FORGIVE® <i>Renewing Blend</i>	A	T			S		31750001	\$26.67	\$20.00	20
<i>Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, Citronella</i>										
dōTERRA CONSOLE® <i>Comforting Blend</i>	A	T		N			31730001	\$49.33	\$37.00	37
<i>Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract</i>										
dōTERRA PEACE® <i>Reassuring Blend</i>	A	T		N			31710001	\$40.00	\$30.00	30
<i>Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint</i>										

dōTERRA KIDS COLLECTION

THINKER® <i>Focus Blend</i>	A	T		N			60206633	\$21.33	\$16.00	16
<i>Fractionated Coconut Oil, Vetiver, Peppermint, Clementine, Rosemary</i>										
CALMER® <i>Restful Blend</i>	A	T		N			60206632	\$25.33	\$19.00	19
<i>Fractionated Coconut Oil, Lavender, Cananga, Buddha Wood, Roman Chamomile</i>										
STRONGER® <i>Protective Blend</i>	A	T		N			60206654	\$18.67	\$14.00	14
<i>Fractionated Coconut Oil, Cedarwood, Litsea, Frankincense, Rose Extract</i>										
RESCUER™ <i>Soothing Blend</i>	A	T		N			60206635	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Copaiba, Lavender, Spearmint, Zanthoxylum</i>										
STEADY® <i>Grounding Blend</i>	A	T		N			60206617	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Amyris, Balsam Fir, Coriander, Magnolia</i>										
BRAVE® <i>Courage Blend</i>	A	T		N			60206618	\$28.00	\$21.00	21
<i>Fractionated Coconut Oil, Wild Orange, Amyris, Osmanthus Extract, Cinnamon</i>										
TAMER™ <i>Digestive Blend</i> New!	A	T		N			60209356	\$20.00	\$15.00	15
<i>Fractionated Coconut Oil, Spearmint, Japanese Peppermint, Ginger, Black Pepper, Parsley Seed</i>										

dōTERRA YOGA COLLECTION

dōTERRA ANCHOR <i>Steadying Blend</i>	A	T		N			60203245	\$25.67	\$20.00	20
<i>Fractionated Coconut Oil, Lavender, Cedarwood, Frankincense, Cinnamon, Sandalwood, Black Pepper, Patchouli</i>										
dōTERRA ALIGN <i>Centering Blend</i>	A	T		N			60203246	\$22.67	\$17.00	17
<i>Fractionated Coconut Oil, Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, Jasmine Extract</i>										
dōTERRA ARISE <i>Enlightening Blend</i>	A	T		N			60203247	\$25.33	\$19.00	19
<i>Fractionated Coconut Oil, Lemon, Grapefruit, Siberian Fir, Osmanthus Extract, Melissa</i>										

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



dōTERRA® | FAMILY ESSENTIALS KIT



Family Essentials Kit Top Seller!

This collection of 10 nurturing essential oils and blends provides what you need to care for your family's everyday needs with simple and safe methods featuring essential oils.

The Family Essentials Kit includes:

- Ten 5mL bottles of essential oils and blends: Lavender, Lemon, Peppermint, Tea Tree, Oregano, Frankincense, Deep Blue® dōTERRA Breathe®, DigestZen® and dōTERRA On Guard®
- Lists of suggested uses for each oil

60202951	Ten 5mL bottles
\$166.67 retail	\$125.00 wholesale 115 PV

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**Frankincense
Resin**



Frankincense
ESSENTIAL OIL

Complete Cellular Support

- Apply to neck and forehead with Lavender and Peppermint when taking time to relax
- Take internally in capsules to support healthy cellular function*
- Use with Fractionated Coconut Oil or favorite face moisturizer for the appearance of beautiful, radiant skin

A T I N



Lavender
ESSENTIAL OIL

All Things Calming

- Helps ease feelings of tension when used internally*
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply topically to soothe skin

A T I N



Lemon
ESSENTIAL OIL

Clean and Freshen

- Supports healthy respiratory function when taken internally*
- Diffuse in a room to neutralize odors
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water to cleanse the body*

A T I N



Peppermint
ESSENTIAL OIL

Cool and Invigorate

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated

A T I S



Tea Tree
ESSENTIAL OIL

Beneficial for the Skin

- Apply to skin as part of a daily cleansing program
- Use with shampoo or conditioner for healthy-looking scalp and hair
- Apply to feet and toenails after showering, swimming, or working out

A T I N



Oregano ESSENTIAL OIL

Natural Immune Support

- Take one to two drops in an empty dōTERRA Veggie Cap for periodic immune support*
- Use internally to support healthy respiratory function*
- Use internally as part of a monthly cleansing regimen for GI health*



Deep Blue® SOOTHING BLEND

Soothing and Cooling Support

- Rub on lower back muscles after a day of heavy lifting at work or during a move
- Use with a carrier oil for a cooling, comforting massage



dōTERRA Breathe® RESPIRATORY BLEND

Cleansing and Invigorating

- Apply topically to chest to promote feelings of clear airways and easy breathing
- Diffuse or add to humidifier at bedtime for a restful atmosphere
- Apply to chest or bottom of feet during seasonal changes



DigestZen® DIGESTIVE BLEND

Digestive Support

- Ingest to soothe occasional stomach discomfort*
- Take internally at meal times to support healthy, comfortable digestion*
- Add to water or tea to maintain a healthy gastrointestinal tract*



dōTERRA On Guard® PROTECTIVE BLEND

Natural Defense

- Dilute and gargle morning and night as a cleansing mouth rinse
- Take several drops in an empty dōTERRA Veggie Cap for added immune support*
- Dilute in spray bottle to clean doorknobs, telephones, and other community surfaces
- Diffuse in your home or office during fall and winter months



Clove





aromatouch TECHNIQUE®

STEP 1



STEP 2



STEP 3



STEP 4





The doTERRA® AromaTouch Technique is a simple step-by-step method of applying CPTG® essential oils topically to produce a profound overall wellness experience.

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.

AromaTouch Technique® Kit

This kit contains eight 5mL bottles used in the AromaTouch Technique: doTERRA Balance® Grounding Blend, Lavender, Tea Tree, doTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint, as well as the AromaTouch Technique presentation box. You will also receive doTERRA® Fractionated Coconut Oil (3.8 fl oz) when you purchase this kit.

60202945	Eight 5mL bottles and one 115mL bottle	
\$146.67 retail	\$110.00 wholesale	100 PV



"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."

Peggy S., Utah, USA

dōTERRA
**EMOTIONAL AROMATHERAPY®
SYSTEM**

The dōTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated for use with a variety of changing moods. Each delicate blend contains pure essential oils that can be used aromatically or topically throughout your emotional journey. These naturally complex, fragrant blends can accompany you as you let go of burdens, find comfort and encouragement, or dream with passion again.

dōTERRA Emotional Aromatherapy® System

The kit includes six essential oil blends: dōTERRA Motivate®, dōTERRA Cheer®, dōTERRA Peace®, dōTERRA Forgive®, dōTERRA Console®, dōTERRA Passion®.

60202944	Six 5mL bottles
\$212.00 retail	\$159.00 wholesale 150 PV





dōTERRA Motivate® ENCOURAGING BLEND

We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. The aroma of dōTERRA Motivate complements affirmations of confidence and courage.

- Combines Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Apply to shirt collar before giving a speech
- Apply to pulse points before participating in sporting events or other competitions



31740001	5mL bottle	
\$30.67 retail	\$23.00 wholesale	23 PV



dōTERRA Cheer® UPLIFTING BLEND

dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a sunshiny aroma to brighten your day.

- Features Wild Orange, Clove, Star Anise, Lemon Myrtle, Zdravetz, Nutmeg, Vanilla, Ginger, and Cinnamon Bark
- Rub dōTERRA Cheer over your heart and reflect on cheerful intentions
- Keep your chin up and rub dōTERRA Cheer into the back of your neck



31720001	5mL bottle	
\$33.33 retail	\$25.00 wholesale	25 PV



dōTERRA Peace® REASSURING BLEND

dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.

- Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, Spearmint
- Apply one drop to hands, rub together, and inhale deeply during moments of pause
- Diffuse or inhale before taking a test or presenting to a large group



31710001	5mL bottle	
\$40.00 retail	\$30.00 wholesale	30 PV



dōTERRA Forgive® RENEWING BLEND

The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.

- Features Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, Citronella
- Diffuse when meditating to help release feelings of anger and guilt
- Inspires a grounded atmosphere



31750001	5mL bottle	
\$26.67 retail	\$20.00 wholesale	20 PV



dōTERRA Console®
COMFORTING BLEND

The dōTERRA Console Comforting Blend of floral and tree essential oils will help as you close the door on sadness and take your first steps on a hopeful path toward emotional healing.

- Combines Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, Osmanthus
- Diffuse during times of loss to comfort the soul
- Apply over the heart as a reminder to be patient with healing and to think positive thoughts



31730001	5mL bottle	
\$49.33 retail	\$37.00 wholesale	37 PV



dōTERRA Passion®
INSPIRING BLEND

The dōTERRA Passion blend combines spice and herbal essential oils such as Cinnamon Bark, Ginger, Cardamom, Clove, and Damiana. This mixture of oils creates a chemical profile with a high concentration of phenols and ethers, which contribute warming and renewing benefits to the dōTERRA Passion blend.

- Merges Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Wake up with purpose and vigor, and add dōTERRA Passion blend to the diffuser of your choice



31760001	5mL bottle	
\$56.00 retail	\$42.00 wholesale	42 PV



Cardamom

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dōTERRA

YOGA COLLECTION

The Yoga collection consists of dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise, which are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath. Combining the best of yoga and aromatherapy, the dōTERRA Yoga Collection is the perfect addition to your practice or daily life.



dōTERRA Yoga Collection

An exclusive trio of CPTG® essential oil blends designed by dōTERRA for the yogi in you. dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath while strengthening and stretching your body.

60203244	Three 5mL bottles
\$69.33 retail	\$52.00 wholesale 50 PV

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dōTERRA Anchor

STEADYING BLEND

Instill a calming strength and firm trust in oneself with the Steadying Blend.

- Apply to ankles, base of spine, and bottoms of feet
- Promotes an atmosphere full of calmness and courage
- The perfect yoga poses to pair with dōTERRA Anchor's aroma are Seated Meditation, Seated Twist, and Bhujangasana (one hand on the heart, the other on the Earth)
- Can be used during yoga practice or any time during your day



60203245	5mL bottle
\$25.67 retail	\$20.00 wholesale 20 PV



dōTERRA Align

CENTERING BLEND

Invite confident peace into your daily practice by embracing the Centering Blend.

- Apply over heart, wrists, and back of neck
- Diffuse while setting intentions about self-acceptance, trust, and fluidity
- Ideal yoga poses with dōTERRA Align's aroma are Warrior II, Triangle, and Gate pose
- Can be used during yoga practice or any time during your day



60203246	5mL bottle
\$22.67 retail	\$17.00 wholesale 17 PV



dōTERRA Arise

ENLIGHTENING BLEND

Inspire joy and courageously rise to your goals while using the Enlightening Blend.

- Apply to temples, wrists, and neck before a mindfulness practice
- Enjoy dōTERRA Arise when you are challenging yourself to achieve the next level
- Use dōTERRA Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon
- Can be used during yoga practice or any time during your day



60203247	5mL bottle
\$25.33 retail	\$19.00 wholesale 19 PV



dōTERRA[®]
KIDS COLLECTION

Whether you are an experienced practitioner or new to essential oils, the dōTERRA Kids Collection is the complete and ready-made "whole body" essential oil toolbox designed to empower caregivers to confidently care for the health and wellness of little ones.

Formulated specifically for developing minds, bodies, and emotions, these essential oil blends feature unique combinations therapeutically balanced to provide powerful benefits while being gentle on delicate skin.



dōTERRA Kids Collection

60211246	Save \$25.00 retail	
\$140.00 retail	\$105.00 wholesale	90 PV





Thinker®
FOCUS BLEND

When it's time to get creative and focus, roll Thinker onto the back of your neck.

- Features Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil
- Keep on hand during school and study time



60206633	10mL roll-on
\$21.33 retail	\$16.00 wholesale 16 PV



Calmer®
RESTFUL BLEND

When it's bedtime, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath to let your mind rest.

- Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
- Creates a restful atmosphere at bedtime
- Promotes a soothing environment



60206632	10mL roll-on
\$25.33 retail	\$19.00 wholesale
	19 PV



Rescuer™
SOOTHING BLEND

After running, jumping, and playing, rub Rescuer onto your legs, feet, or back to soothe your active body.

- Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
- Massage onto growing or tired legs
- Creates a cooling experience



60206635	10mL roll-on
\$20.00 retail	\$15.00 wholesale
	15 PV



Stronger®
PROTECTIVE BLEND

Use Stronger on the back of your neck or bottoms of your feet for an added boost or for protection when you are not feeling your best.

- Features Cedarwood, Litsea, Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
- Rejuvenating to the skin
- Promotes an atmosphere of wellness and vitality



60206654	10mL roll-on
\$18.67 retail	\$14.00 wholesale
	14 PV



Wild Orange

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


Tamer™ New!
DIGESTIVE BLEND

Before or after meals, or when your tummy feels troubled, roll Tamer on your tummy for a soothing sensation and calming aroma.

- Features Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil
- Roll on to the tummy for a calm, soothing experience
- An essential for road trips



60209356	10mL roll-on	
\$20.00 retail	\$15.00 wholesale	15 PV


Brave®
COURAGE BLEND

Before new or different situations, or just to start your day, roll Brave onto the back of neck, tummy, or bottoms of feet.

- Features Wild Orange, Amyris, Osmanthus Extract, and Cinnamon in a base of Fractionated Coconut Oil
- Creates a confident, courageous atmosphere
- Combine with positive daily affirmations to promote belief in oneself



60206618	10mL roll-on	
\$28.00 retail	\$21.00 wholesale	21 PV


Steady®
GROUNDING BLEND

For daily centering, or for times when you feel nervous or experience anxious feelings, rub Steady on your neck and wrists to calm and comfort.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Relaxing and balancing
- Instills tranquility



60206617	10mL roll-on	
\$20.00 retail	\$15.00 wholesale	15 PV



dōTERRA
TOUCH® KIT

Protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, it's an art. Featuring nine of our most popular oils in a base of Fractionated Coconut Oil, dōTERRA Touch makes application simple with 10mL roll-ons. It is ideal for children and adults. They're ready to use so that you can start benefiting from essential oils immediately. Enjoy the convenience and benefits of dōTERRA Touch!



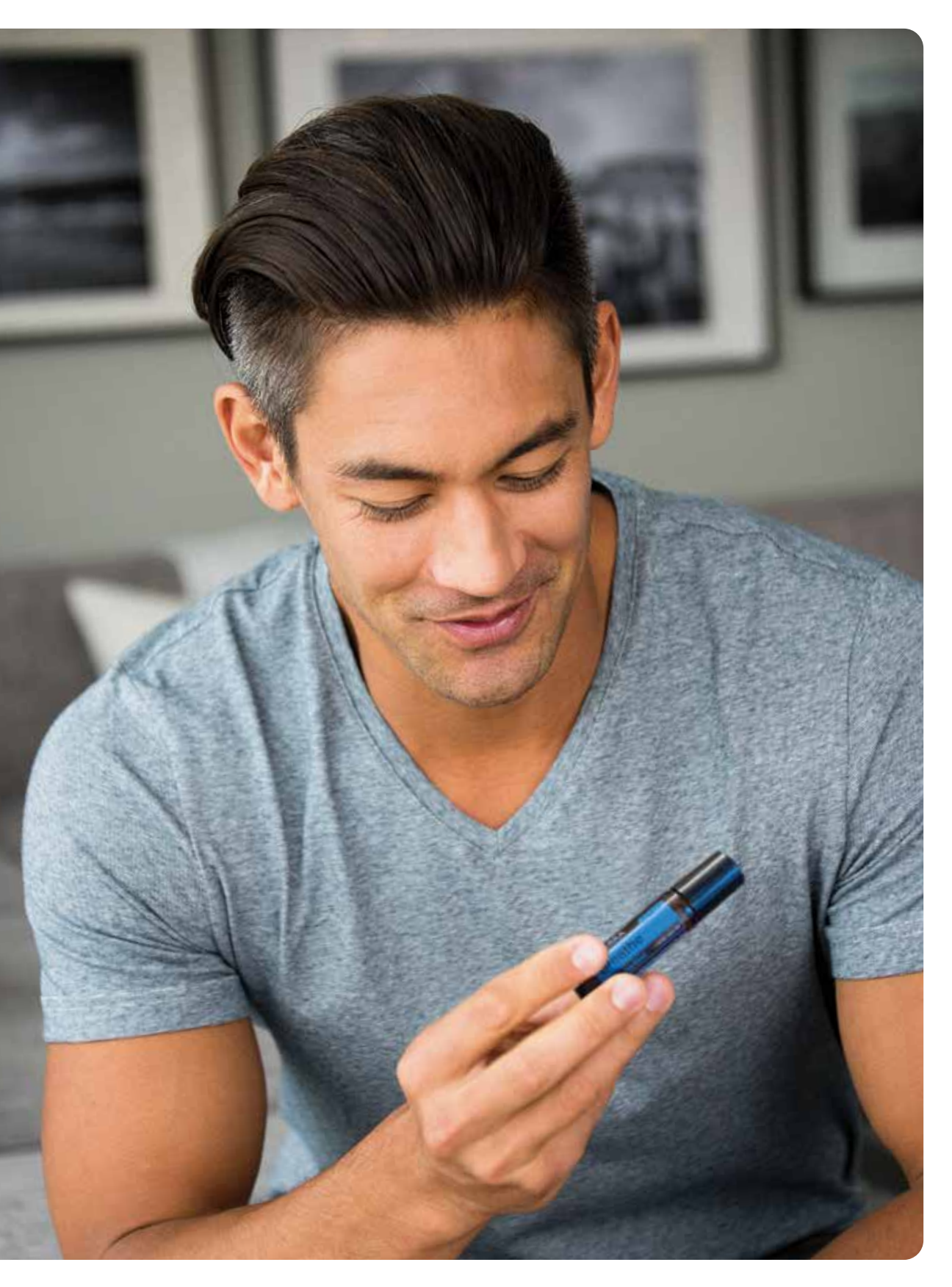
dōTERRA Touch® Kit

- Includes nine of our most popular essential oils:
- **Essential Oils Singles:** Frankincense, Lavender, Oregano, Peppermint, Tea Tree
 - **Essential Oils Blends:** Deep Blue®, dōTERRA Breathe®, dōTERRA OnGuard®, DigestZen®

60200333	Nine 10mL roll-ons	
\$225.33 retail	\$169.00 wholesale	160 PV



Osmanthus





Lavender
TOUCH BLEND

Widely used for its calming qualities, dōTERRA Lavender Touch provides soothing comfort to the skin with a relaxing scent.



60200225	10mL roll-on
\$20.00 retail	\$15.00 wholesale
	15 PV



Peppermint
TOUCH BLEND

dōTERRA Peppermint Touch can be used anytime, anywhere to experience its uplifting, cooling aroma.



60200228	10mL roll-on
\$19.33 retail	\$14.50 wholesale
	14.5 PV



Frankincense
TOUCH BLEND

dōTERRA Frankincense Touch can be applied quickly and easily throughout the day to feel its grounding, balancing aroma.



60200224	10mL roll-on
\$60.67 retail	\$45.50 wholesale
	45.5 PV



Tea Tree
TOUCH BLEND

The perfect balance of Tea Tree essential oil and Fractionated Coconut Oil has been combined into a gentle application for sensitive skin.



60208343	10mL roll-on
\$16.67 retail	\$12.50 wholesale
	12.5 PV





DigestZen®

TOUCH BLEND

dōTERRA DigestZen Touch is the perfect companion for road trips and to have on hand when feelings of stomach upset occur.



60200223	10mL roll-on
\$29.33 retail	\$22.00 wholesale
	22 PV



dōTERRA Breathe®

TOUCH BLEND

dōTERRA Breathe Touch provides the perfect balance of dōTERRA Breathe essential oil blend with Fractionated Coconut Oil to maintain feelings of easy breathing.



60200192	10mL roll-on
\$18.67 retail	\$14.00 wholesale
	14 PV



dōTERRA On Guard®

TOUCH BLEND

Enjoy the unique aroma and powerful benefits of dōTERRA On Guard essential oil blend in a convenient roll-on application.



60200142	10mL roll-on
\$29.33 retail	\$22.00 wholesale
	22 PV



Oregano

TOUCH BLEND

dōTERRA Oregano Touch provides a gentle option for those with sensitive skin to receive the renowned benefits of Oregano essential oil.



60200227	10mL roll-on
\$19.33 retail	\$14.50 wholesale
	14.5 PV



Deep Blue®

TOUCH BLEND

Experience the benefits of our proprietary Deep Blue essential oil blend in a gentle formula that's perfect for children and adults.



60200145	10mL roll-on
\$57.33 retail	\$43.00 wholesale
	43 PV



Oregano

dōTERRA

EMOTIONAL AROMATHERAPY® TOUCH

The dōTERRA Emotional Aromatherapy Touch line contains six unique essential oil blends combined with Fractionated Coconut Oil in 10mL roll-ons for convenient and gentle topical application. These proprietary blends are formulated for use with a variety of changing moods.



dōTERRA Emotional Aromatherapy Touch Kit

The kit includes six essential 10mL roll-on oil blends: dōTERRA Motivate® Touch, dōTERRA Cheer® Touch, dōTERRA Passion® Touch, dōTERRA Forgive® Touch, dōTERRA Console® Touch, dōTERRA Peace® Touch.

21850001	Six 10mL roll-on bottles	
\$133.33 retail	\$100 wholesale	100 PV

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**dōTERRA
Motivate® Touch**

ENCOURAGING BLEND

dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma complements affirmations of confidence and courage.

- Features Fractionated Coconut Oil, Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Roll on neck when working on a project at work or school to stay motivated
- Apply to pulse points before participating in a competition



60200149	10mL roll-on	
\$20.00 retail	\$15.00 wholesale	15 PV



dōTERRA Cheer® Touch

UPLIFTING BLEND

dōTERRA Cheer Touch combines Fractionated Coconut Oil with the sunshiny, fresh aroma of dōTERRA Cheer essential oil blend. This convenient and gentle roll-on provides a sunshiny aroma to brighten your day.

- Features Fractionated Coconut Oil, Lemon Myrtle, Clove, Wild Orange, Star Anise, Ginger, Zdravetz, Cinnamon Bark, Nutmeg, and Vanilla
- Keep your chin up and roll on to the back of the neck
- Rub dōTERRA Cheer over your heart and reflect on cheerful intentions



60200146	10mL roll-on	
\$21.67 retail	\$16.25 wholesale	16.25 PV



dōTERRA Passion® Touch

INSPIRING BLEND

dōTERRA Passion Touch combines spice and herbal essential oils that are warming and inviting.

- Combines Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Wake up with purpose and vigor by rolling Passion Touch on each day



60200150	10mL roll-on	
\$36.33 retail	\$27.25 wholesale	27.25 PV



dōTERRA Forgive® Touch

RENEWING BLEND

dōTERRA Forgive Touch contains the tree and herb essential oils found in our proprietary dōTERRA Forgive blend along with Fractionated Coconut Oil for gentle application and ease of use. The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.

- Merges Fractionated Coconut Oil, Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
- Roll on when meditating to help release feelings of anger and guilt
- Inspires a grounding atmosphere



60200148	10mL roll-on	
\$17.33 retail	\$13.00 wholesale	13 PV



dōTERRA Console® Touch COMFORTING BLEND

This proprietary blend combines the sweet and musky aroma of dōTERRA Console essential oil blend with Fractionated Coconut Oil for gentle application.

- Features Fractionated Coconut Oil, Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract
- Roll on during times of loss to comfort the soul
- Apply over the heart as a reminder to be patient with healing and to think positive thoughts



60200147	10mL roll-on
\$32.00 retail	\$24.00 wholesale 24 PV



dōTERRA Peace® Touch REASSURING BLEND

dōTERRA Peace Touch combines floral and mint essential oils and is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.

- Combines Fractionated Coconut Oil, Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Inhale before taking a test or presenting to a crowd



60200151	10mL roll-on
\$26.67 retail	\$20.00 wholesale 20 PV



dōTERRA
DIFFUSERS

Having a stylish and efficient diffuser is key to creating the perfect environment, whether at home or the office. Transform your world with a dōTERRA diffuser just right for any situation and décor.



Pilōt Portable Diffuser New!

Meet Pilōt, the portable diffuser that can go everywhere you do—in the car, to work, or from room to room. Rechargeable, with four hour continuous diffusion or up to eight hours of intermittent diffusion. Pilōt comes with a dual-port USB 2A car adapter for easy recharging as well as a carrying case for travel.

- Rechargeable
- Customizable output
- Sleek, neutral design

60212263		
\$50 retail	\$37.50 wholesale	0 PV

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Volo™ Diffuser New!

Powerful and uniquely refined, Volo is the perfect addition to enhance any environment with the aromatic benefits of CPTG® essential oils. With two uniquely crafted options, Volo Marble and Volo Onyx complement any home or office decor.

- Handcrafted polyresin stone top
- Customizable run time of up to 14 hours
- Soft ambient light settings or completely dark
- Coverage of up to 300 square feet

60210545	Volo™ Onyx	
\$78.67 retail	\$59.00 wholesale	0 PV
60210546	Volo™ Marble	
\$78.67 retail	\$59.00 wholesale	0 PV



Petal Essentials Kit

New! While supplies last.

The Petal Diffuser is a small, user friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—2 or 6 hours continuous, and 12 hours intermittent—allowing you to customize the release of essential oils into the air.

- Customizable output and light settings
- Now available with Wild Orange and Lavender essential oils—while supplies last

60211559	Petal Diffuser, 5mL Wild Orange, 5mL Lavender	
\$62.67 retail	\$47.00 wholesale	20 PV



Lumo® Sleep Kit New! While supplies last.

Influenced by nature, the Lumo Diffuser features a maple wood base and several light settings inspired by natural elements. Transform any room into a serene or uplifting environment by diffusing CPTG® essential oils with a custom-designed, nature-inspired, ultrasonic diffuser.

- Customizable output—2 to 5 hours continuous/10 hours intermittent (5 minutes on/5 minutes off)
- Coverage of up to 540 square feet
- Now available with dōTERRA Serenity® Restful Blend—while supplies last

60211590	Lumo® Diffuser, 15mL dōTERRA Serenity®	
\$93.33 retail	\$70.00 wholesale	40 PV

dōTERRA
ADAPTIV™ SYSTEM

The dōTERRA Adaptiv product line is an effective answer to reducing tension and helping to empower and encourage when adapting to difficult situations or acclimating to new surroundings. Adaptiv capsules combine clinically studied botanicals with a blend of essential oils to help manage the effects of stress and anxious feelings.* As the perfect complement to the Adaptiv capsules, the essential oil Calming Blend is the answer during life's most demanding moments. Diffuse or roll on for a calming aroma. Use the Adaptiv capsules and its companion essential oil blend to help create a sense of balance and adapt to every situation.

Adaptiv™ System

60211472	Save \$14.50 retail	
\$109.33 retail	\$82.00 wholesale	70 PV



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Adaptiv™ Calming Blend Capsules New!

This proprietary blend of botanicals and CPTG® essential oils helps empower and encourage when adapting to stressful situations or acclimating to new surroundings.* The Adaptiv Calming Blend Capsules help manage the effects of everyday tension, uneasiness, and worry.

- Calms and promotes positive feelings*
- Supports cognitive function and emotional balance*
- Contains Ahiflower oil, GABA, and Sceletium extract, as well as Lavender, Coriander, Wild Orange and Fennel essential oils

60205956	30 Capsules
\$52.00 retail	\$39.00 wholesale 30 PV

Adaptiv™ Touch New!

The Adaptiv Touch blend was purposefully designed to provide an aroma of calm confidence during those moments when you have too much on your plate and is the perfect companion for your most overwhelming days. Packaged in a convenient roller bottle, Adaptiv Touch is easy to apply topically either at home or on-the-go.

- A blend of Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum in a base of Fractionated Coconut Oil
- Soothing aroma
- Roll on while relaxing

60209357	10mL roll-on
\$26.67 retail	\$20 wholesale 20 PV



Spearmint

Adaptiv™ New! CALMING BLEND

When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a sense of balance.

- Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum
- Assists in centering
- Increases feelings of tranquility



60209364	15mL bottle
\$50.00 retail	\$37.50 wholesale 37.5 PV



YARROW | POM COLLECTION

The synergy of Yarrow essential oil and cold-pressed Pomegranate seed oil sets the new standard for health, vitality, and radiant skin. Yarrow essential oil and Pomegranate seed oil are the foundation of the dōTERRA Yarrow|Pom collection: Yarrow|Pom Active Botanical Nutritive Duo, Yarrow|Pom Cellular Beauty Complex Capsules, and Yarrow|Pom Body Renewal Serum. The Yarrow|Pom Trio are truly impactful, delivering a powerful three-layered botanical approach to overall wellness. This scientifically developed product line is revolutionary; a fresh approach to beauty inside and out.

"Yarrow|Pom helped my skin when I really needed it. Taking the duo internally and applying it directly to my area of concern combined with other powerful oils, along with the support of my daily oil and supplement routine, I had remarkable results in a short amount of time. The blend has supported me physically and emotionally through what could have been a long process."

Keeli M., Reno, Nevada



Yarrow|Pom Collection

60210469	Save \$34.00 retail	
\$233.33 retail	\$175.00 wholesale	150 PV

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Yarrow|Pom New!**CELLULAR BEAUTY COMPLEX**

Yarrow|Pom Cellular Beauty Complex Capsules provide remarkable antioxidant support for healthy, luminous skin with an irresistible glow from the inside out.*

- Soothes and protects tissue throughout the body*
- Improves skin firmness and reduces skin imperfections*
- Illuminates and brightens complexion*

60209413	60 capsules
\$65.33 retail	\$49.00 wholesale 40 PV



Made with SLS-free vegetable capsules

Yarrow|Pom**ACTIVE BOTANICAL NUTRITIVE DUO**

Yarrow|Pom Active Botanical Nutritive Duo, promotes cellular, immune, and nervous system health when taken internally* while revitalizing the skin for a youthful-looking radiance.

- Provides powerful antioxidant support when taken internally*
- Supports healthy metabolic function when consumed*
- Calms the body and mind when ingested*



60207652	30mL bottle with dropper
\$126.67 retail	\$95.00 wholesale 95 PV

Yarrow|Pom New!**BODY RENEWAL SERUM**

Yarrow Pom Body Renewal Serum delivers powerful, bioactive compounds to the skin for a youthful, rejuvenated look and all-over glow.

- Promotes the look of young and healthy skin
- Enhances skin brightness and luminosity
- Supports the skin's natural barrier and improves the appearance of firm, smooth skin

60209352	100mL/3.4 fl oz.
\$86.67 retail	\$65.00 wholesale 60 PV



Play longer and harder with **DEEP BLUE®**

The soothing combination of CPTG Certified Pure Therapeutic Grade® essential oils of Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, German Chamomile, and Osmanthus create the dōTERRA Deep Blue proprietary blend, available in a cream, 5mL, and roll-on. The Deep Blue Polyphenol Complex® is a complementary supplement to help support muscle and joint comfort and function.* Use Deep Blue Polyphenol Complex in combination with Deep Blue essential oil blend and Deep Blue Rub for soothing effects and targeted benefits.



Deep Blue®**SOOTHING BLEND**

Deep Blue provides soothing effects that can be felt immediately.

- Rub Deep Blue on lower back after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime

A T S

60200143	5mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV
60200144	10mL roll-on	
\$78.67 retail	\$59.00 wholesale	55 PV

Deep Blue**POLYPHENOL COMPLEX®**

Deep Blue has a nutritional supplement that contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.*

- Fast-acting boswellia extract shown to help support joint comfort and function when consumed*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort when ingested*
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

34360001	60 vegetable capsules	
\$79.33 retail	\$59.50 wholesale	59.5 PV

Deep Blue® Rub**SOOTHING LOTION**

Infused with Deep Blue Soothing Blend, Deep Blue Rub provides a soothing and cooling effect.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Perfect for the athlete in your life, Deep Blue Rub is blended in a base of moisturizing emollients that leave your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

38900001	4 fl oz/120mL	
\$42.67 retail	\$32.00 wholesale	30 PV

Deep Blue® Rub Samples

38950001	Ten 2mL samples	
\$6.67 retail	\$5.00 wholesale	0 PV

32-Ounce Bottle

50210001	32 fl oz/946mL	
\$252.00 retail	\$189.00 wholesale	160 PV



Wintergreen

dōTERRA
SERENITY®

In today's fast-paced society, we all experience occasional sleeplessness, and few of us obtain the recommended eight or more hours of sleep each night. dōTERRA Serenity Softgels and dōTERRA Serenity Restful Blend together provide a natural and safe solution for individuals who have occasional difficulty falling and staying asleep. Formulated with essential oils known for their ability to help calm the mind and body, this powerful duo works to promote a restful and satisfying night's sleep.



dōTERRA Serenity®
RESTFUL BLEND

dōTERRA Serenity has a calming and relaxing aroma that contributes to a restful night.

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Extract, Hawaiian Sandalwood
- Promotes an atmosphere of relaxation
- Creates an environment conducive for sleep



49530001	15mL bottle
\$42.67 retail	\$32.00 wholesale 32 PV

dōTERRA Serenity® Combo Pack

60200524	15mL bottle and 1 bottle softgels
\$60.00 retail	\$45.00 wholesale 40 PV



dōTERRA Serenity® Softgels
RESTFUL COMPLEX

dōTERRA Serenity Restful Complex is a unique combination of Lavender essential oil and natural plant extracts in a vegetarian softgel to help you get the refreshing sleep you need without leaving you feeling groggy and sleepy the next day.*

- Relieves occasional sleeplessness*
- Promotes healthy relaxation and sleep*
- Helps make a difference in the quality of and the ease of going to sleep*
- Encourages restful sleep*

34390001	60 vegetarian softgels
\$26.00 retail	\$19.50 wholesale 17 PV



Made with vegetarian softgels

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Respiratory support with dōTERRA BREATHE®

Deep breathing is cleansing, freeing, and invigorating. It elevates our minds and energizes our bodies. It is the essence of life, the reassurance of vitality. The remarkable blend of essential oils found in the dōTERRA Breathe Respiratory Blend maintains feelings of clear airways and easy breathing, especially when seasonal impediments to breathing are high. With the easy application of the dōTERRA Breathe Vapor Stick you can quickly enjoy the benefits of this powerful blend anytime, anywhere.



dōTERRA Breathe® VAPOR STICK

Enjoy the convenience, quick absorption, and smooth application of dōTERRA Breathe Vapor Stick. This unique delivery method of the proprietary dōTERRA Breathe essential oil blend can be used anytime, anywhere.

- Maintains feelings of clear airways and easy breathing
- Provides a cooling, soothing sensation

60200878	0.4oz/12.5 g
\$11.33 retail	\$8.50 wholesale 5 PV

dōTERRA Breathe® Respiratory Drops

The respiratory benefits of selected CPTG® essential oils from the dōTERRA Breathe blend can be found in this convenient and great-tasting lozenge.

- Proprietary blend includes: Lemon, Peppermint, Cardamom, Eucalyptus, Thyme, and Melissa
- Maintains clear airways and breathing
- Supports overall respiratory health

35460001	30 drops
\$16.00 retail	\$12.00 wholesale 10 PV



dōTERRA Breathe® RESPIRATORY BLEND

dōTERRA Breathe is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara
- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats
- Diffuse or inhale directly when environmental threats are high



60200190	15mL bottle
\$29.33 retail	\$22.00 wholesale 22 PV



Support immune function with
dōTERRA ON GUARD®

dōTERRA On Guard® is one of the most popular and versatile dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support when used internally.* The dōTERRA On Guard® Protective Blend has been integrated into a variety of dōTERRA products to provide diverse ways to use its powerful benefits.



dōTERRA On Guard®
PROTECTIVE BLEND Top Seller!

dōTERRA On Guard offers a fragrant, natural, effective alternative for immune support when taken internally.*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function when consumed*
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion



31100001	15mL bottle
\$45.33 retail	\$34.00 wholesale 34 PV

dōTERRA On Guard® Beadlets

dōTERRA On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits* of dōTERRA On Guard Protective Blend.

- Supports healthy immune function*
- Provides a convenient consumption method for dōTERRA On Guard Protective Blend

31580001	125 beadlets
\$21.33 retail	\$16.00 wholesale 16 PV

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**dōTERRA On Guard®
Mouthwash**

dōTERRA On Guard Mouthwash is alcohol free and formulated to clean teeth and gums, reduce plaque, and promote a healthy-looking mouth when used as part of a hygiene routine that includes brushing and flossing.

- Natural, alcohol-free formula
- Use after brushing and flossing to help reduce plaque and brighten smile
- Refreshing dōTERRA On Guard essential oil blend supports long-lasting fresh breath

60203185	16 fl oz/473mL	
\$19.33 retail	\$14.50 wholesale	10 PV

**dōTERRA On Guard® Natural
Whitening Toothpaste**

Clean teeth gently with the added benefit of dōTERRA On Guard essential oil blend.

- Fluoride-free with hydroxyapatite
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath
- Boasts the protective benefits of dōTERRA On Guard essential oil blend
- Whitens teeth with gentle polishing agents

38910001	4.2 oz/125g	
\$11.33 retail	\$8.50 wholesale	5 PV

**dōTERRA On Guard® Natural
Whitening Toothpaste Samples**

39000001	10 samples, 2g each	
\$4.66 retail	\$3.50 wholesale	0 PV



dōTERRA On Guard®
Protecting Throat Drops

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of dōTERRA On Guard Protective Blend
- Formulated with organic cane sugar and brown rice syrup

34050001	30 drops
\$16.00 retail	\$12.00 wholesale 10 PV

dōTERRA On Guard®
Laundry Detergent

dōTERRA On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of dōTERRA On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Helps rid environmental threats from each load of laundry to keep your family safe and your clothes fresh and clean
- 64 loads in each bottle; 1 tablespoon = 1 load (using a high-efficiency washer)
- Great as a pre-treatment for stains

39020001	32 fl oz/947mL
\$36.67 retail	\$27.50 wholesale 20 PV

dōTERRA On Guard®
Foaming Hand Wash

Keep your hands clean and protected with the power of dōTERRA On Guard essential oil blend.

- Conveniently packaged in a 16-ounce bottle that fills 8-ounce foaming dispensers
- Formulated with the unique dōTERRA On Guard Protective Blend
- Non-toxic and environmentally safe

38070001	16 fl oz/473mL Hand Wash with 2 dispensers
\$30.00 retail	\$22.50 wholesale 18.5 PV

Single Refill

38010001	16 fl oz/473mL Hand Wash
\$24.67 retail	\$18.50 wholesale 18.5 PV

Twin Pack Refill

38020001	Two 16 fl oz/473mL Hand Wash
\$44.67 retail	\$33.50 wholesale 33.5 PV

dōTERRA On Guard®+ Softgels
PROTECTIVE BLEND

dōTERRA On Guard+ Softgels combine the proprietary blend of dōTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa for additional immune support to protect against elements that can weaken the immune system.*

- Helps support and maintain a healthy immune system*
- Protects the body against seasonal threats*
- Supports healthy circulation and respiratory function*

35420001	60 vegetarian softgels
\$34.67 retail	\$26.00 wholesale 22.5 PV



dōTERRA On Guard®
Cleaner Concentrate

The ideal cleaner, dōTERRA On Guard Concentrate is fortified with dōTERRA On Guard Protective Blend.

- Features a non-toxic formula safe for the entire family
- Combines plant-based derivatives with the powerful dōTERRA On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

38140001	12 fl oz/355mL
\$19.33 retail	\$14.50 wholesale 10 PV

dōTERRA On Guard®
Sanitizing Mist

dōTERRA On Guard Sanitizing Mist kills 99.9 percent of germs and bacteria through an extremely fine, quick-drying mist.

- Infused with moisturizing apple extract to leave hands feeling soft
- Uplifting citrus, spice aroma of dōTERRA On Guard essential oil in a convenient mist
- Perfect size for travel, work, and school

60201944	0.9 fl oz/27mL
\$8.67 retail	\$6.50 wholesale 5 PV

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Prevent underarm odor with NATURAL DEODORANT

dōTERRA has specially created safe and effective natural deodorants that help you beat the heat and stay fresh throughout the day. Formulated without aluminum, parabens, phthalates, or talc, playing with the kids, running to catch a bus, or training for that half marathon just got a bit easier.

Natural Deodorant infused with dōTERRA Balance® Essential Oil

This natural deodorant features dōTERRA Balance® essential oil blend, baking soda, and tapioca for long-lasting freshness and all-day confidence.

- Aluminum, paraben, phthalate, and talc free
- Tapioca powder aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Baking soda helps neutralize and prevent odors

60207421	2.65 oz/75g	
\$11.67 retail	\$8.75 wholesale	5 PV



Natural Sensitive Deodorant infused with dōTERRA Douglas Fir and Greek Orange Essential Oils

Baking soda-free

This sensitive, natural deodorant features dōTERRA® CPTG® essential oils of Douglas Fir and Greek Orange, magnesium, and tapioca for long-lasting freshness and all-day confidence.

- Baking soda, aluminum, paraben, phthalate, and talc free
- Tapioca starch aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Magnesium helps neutralize odors

60208231	2.65 oz/75g	
\$11.67 retail	\$8.75 wholesale	5 PV



Quick and Effective
CORRECT-X®

Frankincense, Helichrysum, Tea Tree, Cedarwood, and Lavender—all CPTG® essential oils—form the base of dōTERRA Correct-X. This multi-purpose, natural ointment helps soothe your skin and keep it clean while recovering from distress. Correct-X provides a moisture barrier that helps protect against additional damage while simultaneously soothing and hydrating the skin. This petroleum-free and preservative-free ointment absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin.



Correct-X®
ESSENTIAL OIL OINTMENT

Correct-X is a natural topical ointment using powerful CPTG essential oils that assist in soothing skin.

- Helps soothe while simultaneously hydrating
- Absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin
- Keeps skin clean while recovering from distress
- Keep on hand when taking children to playground, sporting events, or camping

60110001	0.5 fl oz/15mL	
\$16.00 retail	\$12.00 wholesale	10 PV



Tea Tree



dōTERRA BABY

dōTERRA Baby products are a safe, effective, natural way to care for your baby from piggy tails to tiny, wiggly toes. Our products have been clinically tested and formulated with your baby in mind.



dōTERRA Baby Diaper Rash Cream

Safe and effective, dōTERRA Baby Diaper Rash Cream spreads easily on delicate baby skin to help treat, soothe, and prevent diaper rash. Infused with CPTG® Lavender, Carrot Seed, and Tea Tree essential oils, this unique blend helps balance and soothe the skin while rich Muyao Shea Butter works to moisturize, leaving skin soft and smooth. Non-nano Zinc Oxide creates a barrier to protect from excess moisture, preventing diaper rash before it starts. Protect little ones with this natural safe cream designed just for baby's delicate skin.

- Non-Nano Zinc creates a barrier to protect delicate baby skin from excess moisture
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's soft skin
- CPTG essential oils of Lavender, Carrot Seed, and Tea Tree help balance and soothe the skin
- Carefully designed for baby's sensitive skin
- Clinically tested and approved for sensitive skin

60201362	2.1 oz/60g	
\$11.33 retail	\$8.50 wholesale	5 PV



dōTERRA Baby Hair & Body Wash

This foaming, tear-free wash combines simple, gentle, natural ingredients that nourish and moisturize even after rinsing off. A calming blend of vanilla extract with CPTG® Lavender and Roman Chamomile essential oils leave babies, toddlers, and even big kids with that light, newborn scent. Designed with a convenient, easy-to-use pump, dōTERRA Baby Hair & Body Wash makes bath time effortless and simple, with more time to focus on splashing and splashing.

- Contains a calming blend of vanilla extract with CPTG Lavender and Roman Chamomile essential oils
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's soft skin
- Simple, natural ingredients cleanse without disrupting the skin's natural balance
- Clinically tested tear-free

60201361	10 fl oz./295mL	
\$18.33 retail	\$13.75 wholesale	10 PV

dōTERRA Baby Lotion Available Summer 2020



Keep your skin looking radiant with **dōTERRA® ESSENTIAL SKIN CARE**

dōTERRA Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of carefully selected CPTG Certified Pure Therapeutic Grade® essential oils combined with cutting-edge ingredient technologies and natural extracts in each product. Target the visible signs of aging and prevent future signs of aging with dōTERRA Essential Skin Care.



Facial Cleanser

dōTERRA Facial Cleanser contains CPTG Certified Pure Therapeutic Grade® essential oils of Tea Tree and Peppermint, known for their ability to purify and tone skin and support a healthy complexion. Natural cleansers of Yucca Root Extract and Soapbark Extract gently wash away impurities leaving skin looking clean, fresh, and smooth.

- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin
- Macadamia seed oil conditions the skin
- Vitamin E supports healthy-looking skin

60201753 | 4 fl oz/118mL

\$22.00 retail | \$16.50 wholesale | 16.5 PV

Pore Reducing Toner

Pore Reducing Toner contains CPTG Certified Pure Therapeutic Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance skin, increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, lentil extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores
- Witch hazel is a natural astringent that helps remove excess oil from the skin and reduces the appearance of pores

60201772 | 4 fl oz/118mL

\$28.00 retail | \$21.00 wholesale | 21 PV

Brightening Gel

CPTG essential oils of Bergamot, Juniper Berry, and Melissa combine with natural extracts, vitamins, and cutting edge ingredient technologies to brighten and even skin tone. Brightening Gel is a gentle and effective way to reduce the appearance of dark spots and hyperpigmentation.

- Daisy extract is a natural skin-brightening agent that helps promote even skin pigmentation
- Ginger root extract promotes even skin tone and radiant-looking skin
- Microencapsulated vitamin C helps keep the skin looking youthful while promoting anti-pigmentation properties

60201777 | 1 fl oz/30mL

\$46.00 retail | \$34.50 wholesale | 34.5 PV

Invigorating Scrub

Experience fresh, renewed skin with dōTERRA Invigorating Scrub. Grapefruit, and Peppermint CPTG® essential oils make exfoliating a refreshing aromatic experience while jojoba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hydrate skin.

- Gentle exfoliating action comes from biodegradable jojobaesters, known for their moisturizing properties to the skin
- Greater Burdock Extract helps purify and tone skin
- Botanical and fruit extracts enhance the aromatic experience

60201773 | 2.5 oz/70g

\$24.00 retail | \$18.00 wholesale | 18 PV



Tightening Serum

Featuring CPTG Certified Pure Therapeutic Grade® essential oils of Frankincense, Hawaiian Sandalwood, and Myrrh, dōTERRA® Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Natural extracts and gums combine with powerful anti-aging ingredients for firmer, younger-looking skin.

- Contains rhizobian and acacia gum, which provide "lifting" benefits
- Beech tree bud extract tightens and smooths the appearance of skin

60201752	1 fl oz/30mL
\$66.00 retail	\$49.50 wholesale 49.5 PV

Hydrating Cream

dōTERRA's Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping reduce the appearance of fine lines and wrinkles. Probiotics reinforce the skin's natural barrier, helping improve skin's health and beauty and encouraging suppler, younger-looking skin.

- Lactococcus Ferment Lysate helps reinforce the skin's natural barrier, helping promote overall skin health and a youthful appearance
- Laminaria digitata (Oarweed) extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin

60201774	1.7 oz/48g
\$48.00 retail	\$36.00 wholesale 36 PV

Anti-Aging Moisturizer

dōTERRA Anti-Aging Moisturizer combines cutting-edge ingredients with the CPTG essential oils of Lavender, Jasmine, Geranium, and Frankincense to moisturize and soften skin while providing anti-aging benefits. Peptides and botanicals target the visible signs of aging by improving skin tone and moisturizing the skin, helping to keep skin looking young and vibrant.

- Contains ingredients that nourish the skin, helping to reduce the appearance of wrinkles
- Olive fruit extract is specifically designed for moisturizing and overall skin care
- Peptides help firm and smooth skin, improving skin tone and texture and helping to reduce the appearance of fine lines and wrinkles

60201750	1.7 fl oz/50mL
\$46.00 retail	\$34.50 wholesale 34.5 PV

Immortelle

ANTI-AGING BLEND

A proprietary blend of powerfully renewing, rare essential oils, used throughout history for their beautifying benefits, Immortelle Anti-Aging Blend is formulated to nourish skin. This essential oil blend of Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose helps sustain smoother, more radiant, and youthful-looking skin.

- Reduces the appearance of fine lines and wrinkles
- Helps reduce the appearance of aging skin

60202652	10mL roll-on
\$92.00 retail	\$69.00 wholesale 65 PV



Anti-Aging Eye Cream

dōTERRA Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin, helping reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Meadowfoam seed oil provides deep moisture
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from the first use
- Bakuchiol helps tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles and helps prevent future signs of aging

60201776	0.5 fl oz/15mL	
\$60.00 retail	\$45.00 wholesale	45 PV

Reveal Facial System

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- Features dōTERRA® citrus essential oils of Lime and Wild Orange to purify the skin
- Bamboo silk beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Nutrient-rich formula helps maintain a radiant complexion

37340001	Two 1.7 oz tubes	
\$80.00 retail	\$60.00 wholesale	60 PV



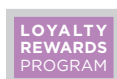
1 Purchase the customizable Essential Skin Care Kit...



Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum.

60203183	Save \$47.33 below single retail price	
\$120.00 retail	\$90.00 wholesale	85 PV

2 ...and add up to two products per kit order at an additional savings.



Anti-Aging Eye Cream

\$25.00 | 20 PV



Anti-Aging Moisturizer

\$25.00 | 20 PV



Brightening Gel

\$25.00 | 20 PV



Hydrating Cream

\$25.00 | 20 PV

Healthy, radiant skin with **dōTERRA® VERÁGE®**

dōTERRA Veráge is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance—the same balance found in healthy, youthful-looking skin. Each product is composed of true gifts from the Earth: nourishing plant extracts, pure and potent essential oils, and select natural ingredients. The Veráge Skin Care Collection delivers benefits your skin will love, naturally.

CLINICALLY SUPPORTED BENEFITS OF THE VERÁGE® INGREDIENTS

- Smooths skin texture
- Reduces appearance of wrinkles
- Minimizes the appearance of mechanical creasing
- Minimizes pore appearance
- Evens tone



Veráge® Cleanser

Healthy, smooth skin begins with Veráge Cleanser. This natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Tea Tree, and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while natural emollients nourish and hydrate

37380001	2 fl oz/60mL	
\$33.33 retail	\$25.00 wholesale	25 PV

Veráge® Immortelle Hydrating Serum

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin
- Provides optimal lipid balance for smoother, more youthful-looking skin

37400001	.5 fl oz/15mL	
\$86.66 retail	\$65.00 wholesale	65 PV

Veráge® Skin Care Collection

A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy-looking skin.

42690001	Save \$74.00 retail	
\$112.66 retail	\$84.50 wholesale	70 PV

Veráge® Toner

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to promote the appearance of tightened, toned, and smooth skin—anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

37390001	1.7 fl oz/50mL	
\$29.33 retail	\$22.00 wholesale	22 PV

Veráge® Moisturizer

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, and Geranium—all known to revitalize the skin
- Uses natural ingredients to hydrate skin, helping reduce the appearance of fine lines and wrinkles

37410001	1 fl oz/30mL	
\$37.33 retail	\$28.00 wholesale	28 PV



Clear, smooth skin

STARTS WITH HD CLEAR®

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities, promote a smooth, clear complexion, and help reduce the appearance of blemishes. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance. Using HD Clear every day will result in a clear, smooth, healthy-looking complexion.

HD Clear® Kit

This kit contains HD Clear Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

42700001	Save \$40.00 retail	
\$61.33 retail	\$46.00 wholesale	40 PV

HD Clear® Foaming Face Wash

Discover the perfect solution for problem skin of all ages with the dōTERRA® HD Clear Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away natural moisture
- Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft

49420001	1.7 fl oz/50mL	
\$29.33 retail	\$22.00 wholesale	22 PV

HD Clear®

TOPICAL BLEND

Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean and healthy-looking complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes clear, smooth skin by targeting the site of blemishes



49400001	10mL roll-on	
\$28.00 retail	\$21.00 wholesale	21 PV



HD Clear® Facial Lotion

Enjoy a beautiful, smooth complexion with HD Clear Facial Lotion. This lotion contains natural emollients to promote healthy levels of moisture in the skin for a balanced complexion as well as CPTG essential oils combined with botanical extracts known to assist in achieving blemish-free skin.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes a clear complexion
- Soothes skin

49410001	1.7 fl oz/50mL	
\$45.33 retail	\$34.00 wholesale	34 PV



dōTERRA® WOMEN

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women gently supports a woman through the menstrual cycle and helps diminish the normal symptoms of menopause.* dōTERRA Women supports healthy bones and heart as women age, while the essential oil blend provides temporary relief from heightened emotions related to regular hormone cycles in women.* The dōTERRA Women line of products provides natural support throughout the different phases of life.



ClaryCalm®**MONTHLY BLEND FOR WOMEN**

dōTERRA ClaryCalm is a unique blend of essential oils developed especially for women

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot seed, and Palmarosa, Vitex
- Ideal as part of a soothing, cooling massage experience



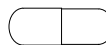
49480001	10mL roll-on
\$36.00 retail	\$27.00 wholesale 27 PV

Bone Nutrient**ESSENTIAL COMPLEX**

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.*

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets*

35240001	120 capsules
\$23.33 retail	\$17.50 wholesale 12 PV



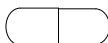
Made with SLS-free vegetable capsules

Phytoestrogen**ESSENTIAL COMPLEX**

dōTERRA Women Phytoestrogen Essential Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.*

- Includes a standardized soy extract with genistein, a natural phytoestrogen
- Supports a woman's transition to menopause with a concentrated extract of flax seed lignans*
- Supports healthy bones, heart, breast tissue, and other body structures*

35260001	60 capsules
\$52.67 retail	\$39.50 wholesale 39.5 PV



Made with SLS-free vegetable capsules



**LOYALTY
REWARDS
PROGRAM**

Women's Health Kit

Includes Phytoestrogen Essential Complex, Bone Nutrient Essential Complex, and ClaryCalm Monthly Blend.

3525	\$92.67 retail	\$69.50 wholesale	60 PV	Save \$16.00 retail
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Beautiful, shiny hair with

dōTERRA® SALON ESSENTIALS® HAIR CARE

dōTERRA Salon Essentials® Hair Care products are inspired by the concept that extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimize beautiful hair and a healthy scalp. Carefully selected CPTG® essential oils deliver targeted benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum, and Healthy Hold Glaze work collectively or individually to promote, healthy-looking, soft, and beautifully shiny hair.



CLINICALLY SUPPORTED BENEFITS OF THE ESSENTIAL HAIR CARE INGREDIENTS

- Helps protect color-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Strong and smooth-looking hair
- Less hair breakage
- Proprietary blend of essential oils for healthy-looking hair and scalp

dōTERRA Salon Essentials® Protecting Shampoo

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers, and botanical extracts in dōTERRA Salon Essentials Protecting Shampoo.

- Features a gentle lathering and cleansing boost from Wild Orange, Lime, and plant extracts
- Gently removes impurities collected on the hair and scalp
- Lightly moisturizes hair, leaving it salon soft and touchable

36220001	8.46 fl oz/250mL	
\$26.00 retail	\$19.50 wholesale	19.5 PV
60201185	32 fl oz/946mL	
\$60.00 retail	\$45.00 wholesale	35 PV

dōTERRA Salon Essentials® Smoothing Conditioner

Give your hair a smooth, finished look and protect it with the professional formula of dōTERRA Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts, and natural proteins
- Includes a proprietary blend of CPTG essential oils for the hair and scalp
- Smooths hair and provides an anti-static effect

36230001	8.46 fl oz/250mL	
\$30.67 retail	\$23.00 wholesale	23 PV
60201225	32 fl oz/946mL	
\$66.67 retail	\$50.00 wholesale	40 PV

**LOYALTY
REWARDS
PROGRAM**

Loyalty Rewards Pricing

Protecting Shampoo 2-Pack

36240001		
\$32.67 retail	\$24.50 wholesale	19.5 PV

Smoothing Conditioner 2-Pack

36250001		
\$38.67 retail	\$28.00 wholesale	23 PV

Shampoo and Conditioner

36260001		
\$37.33 retail	\$28.00 wholesale	23 PV





dōTERRA Salon Essentials® Healthy Hold Glaze

Get the all-in-one benefits of a flexible hold, health, and shine for your hair with dōTERRA Salon Essentials Healthy Hold Glaze.

- Provides immediate conditioning, smoothing, and shine
- When hair is untamable, apply for a light hold and perfect, soft style
- Helps keep hair looking healthy, even after styling
- Heat-activated conditioning

36270001	4 fl oz/120mL	
\$24.00 retail	\$18.00 wholesale	15 PV

dōTERRA Salon Essentials® Root to Tip Serum

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli, and Eucalyptus
- Provides extended protection and hydration to your scalp and hair

49050001	1 fl oz/30mL	
\$46.67 retail	\$35.00 wholesale	35 PV

dōTERRA Salon Essentials® Hair Care system

dōTERRA Salon Essentials Hair Care System is the perfect way to experience the amazing benefits of all four dōTERRA hair care products and provide great savings. By purchasing the Protecting Shampoo, Smoothing Conditioner, and the Root to Tip Serum in the dōTERRA Salon Essentials Hair Care System, Healthy Hold Glaze comes FREE!

36280001		
\$103.33 retail	\$77.50 wholesale	70 PV

dōTERRA Salon Essentials® Shampoo/Conditioner Samples

36390001	10 Companion Sets	
\$11.33 retail	\$8.50 wholesale	0 PV



Lime

Pamper yourself with
dōTERRA® SPA

dōTERRA SPA is a line of CPTG® essential oil-infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with natural ingredients that leave your skin feeling soft, smooth, and fresh all day long.



Refreshing Body Wash

dōTERRA SPA Refreshing Body Wash is a natural, oil-infused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil purifies and soothes skin and provides an uplifting, yet grounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Sodium Methyl Oleoyl Taurate is a sulfate-free mild surfactant derived from nature and is readily biodegradable

37460001	8.45 fl oz/250mL	
\$17.00 retail	\$12.75 wholesale	10 PV

Replenishing Body Butter

Pamper your skin with the rich hydration and luxurious feel of dōTERRA SPA Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness.

- Wild Orange essential oil is known for its purifying benefits
- Douglas Fir essential oil is purifying to the skin and provides uplifting aromatic benefits
- Frankincense essential oil is rejuvenating to the skin and has a balancing effect on emotions

37470001	7 oz/198g	
\$23.33 retail	\$17.50 wholesale	15 PV

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Hydrating Body Mist

Have your body feel completely rehydrated with the aromatic benefits of the Beautiful Captivating essential oil blend. The Beautiful Captivating oil combines Osmanthus, Lime, Bergamot, and Frankincense in a harmoniously floral blend. The nourishing properties of coconut, sunflower, avocado, and passion fruit combined in this hydrating mist help improve overall appearance of healthy-looking and radiant skin.

- Provides the uplifting and energizing aromatic benefits of CPTG® Beautiful Captivating essential oil blend
- The oils of Sunflower, Avocado, and Passion Fruit help soothe, soften, and hydrate skin for an overall healthy glow
- Caprylic/Capric Triglyceride (coconut derived) conditions and maintains the skin's natural barrier

60205662	4.2 fl oz/125mL
\$33.33 retail	\$25.00 wholesale 22 PV

Detoxifying Mud Mask

dōTERRA SPA Detoxifying Mud Mask is a natural clay mask that provides purifying and detoxifying benefits while reducing the appearance of pores, fine lines, and wrinkles.

- Infused with Myrrh, Juniper Berry, and Grapefruit—known for their cleansing and smoothing benefits
- Shea butter provides moisturization and balances the skin
- Malachite extract is rich in copper and provides detoxifying benefits

37490001	4 oz/113.4g
\$19.33 retail	\$14.50 wholesale 12 PV

Exfoliating Body Scrub

dōTERRA SPA Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy, natural glow.

- Wild Orange and Grapefruit cleanse and purify skin
- Ginger essential oil is soothing and warming to the skin
- Natural sugar cane gently exfoliates skin

37480001	8 oz/226g
\$26.00 retail	\$19.50 wholesale 15 PV

Hand & Body Lotion

Indulge your skin in dōTERRA SPA Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and theobroma seed butters, and nourishing plant extracts.

- Easily blend with your favorite essential oil for a customized aromatic experience
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly, leaving skin looking healthy, soft, and smooth

37510001	6.7 fl oz/200mL
\$20.00 retail	\$15.00 wholesale 13 PV

3-Pack Hand & Body Lotion

60200498	Three 6.7 fl oz/200mL tubes
\$50.67 retail	\$38.00 wholesale 30 PV



Citrus Bliss® Hand Lotion

dōTERRA SPA Citrus Bliss Hand Lotion is a light and silky lotion infused with hydrating seed oils and nourishing botanicals. This non-greasy formula absorbs quickly yet provides optimal moisture for healthy-looking hands.

- Citrus Bliss essential oil blend's refreshing aroma helps reduce stress and uplifts mood
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Convenient size—perfect for travel or for use while at home or work

37500001	2.5 fl oz/75mL	
\$9.27 retail	\$6.95 wholesale	5 PV

Lip Balms

dōTERRA SPA Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils. Enjoy our original flavor with the uplifting blend of Wild Orange and Peppermint. Experience the scents of paradise with Ylang Ylang, Clementine, and Lime found in our Tropical Lip Balm; or, invigorate the senses with our Herbal Lip Balm containing Lemon Verbena, Marjoram, and Spearmint.

- Each lip balm contains a select blend of essential oils that provides a unique sensory experience
- Moringa oil is an emollient that helps improve how the lips look and feel
- Avocado oil provides hydration and essential fatty acids, and softens lips to keep them looking healthy

Original

37530001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

Tropical

37540001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

Herbal

37550001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

Variety 3-Pack

37570001		
\$20.00 retail	\$15.00 wholesale	10 PV



Marjoram

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Moisturizing Bath Bar

dōTERRA SPA Moisturizing Bath Bar is a one-of-a-kind bar that provides a unique feel, lather, aroma, and cleansing experience.

- Bergamot essential oil purifies and soothes skin
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Jojoba seed oil deeply moisturizes

37450001	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

3-Pack

37560001		
\$19.33 retail	\$14.50 wholesale	10 PV

Citrus Bliss® Bath Bar New Formula!

Formulated with Citrus Bliss® Invigorating Blend to help reduce stress and uplift your mood.

- Exfoliating sunflower wax beads and orange peel powder naturally soften, smooth, and stimulate skin rejuvenation
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

60202779	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

3-Pack

60208924		
\$19.33 retail	\$14.50 wholesale	10 PV

Serenity® Bath Bar

Enjoy a rich, cleansing, aromatic spa experience, infused with dōTERRA Serenity® Restful Blend.

- dōTERRA Serenity essential oil blend promotes relaxation and a restful sleeping environment
- Jojoba seed oil is highly regarded in the cosmetic industry and known for its quick absorption and ability to deeply moisturize
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

60201092	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

3-Pack

60201595		
\$19.33 retail	\$14.50 wholesale	10 PV

dōTERRA® Spa Basics Kit

Hand & Body Lotion, Body Wash

60200499	Save \$6.33 retail	
\$30.67 retail	\$23.00 wholesale	17 PV

dōTERRA® Spa Luxury Kit

Body Scrub, Mud Mask, Body Butter

60200502	Save \$12.66 retail	
\$56.00 retail	\$42.00 wholesale	32 PV

Total dōTERRA® Spa Kit

Moisturizing Bath Bar, dōTERRA Serenity Bath Bar, Citrus Bliss® Bath Bar, Refreshing Body Wash, Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter, Hand & Body Lotion, Citrus Bliss Hand Lotion, Lip Balm (Original, Tropical, Herbal, and Hydrating Body Mist

60210071	Save \$27.60 retail	
\$153.33 retail	\$115.00 wholesale	80 PV





The dōTERRA Healing Hands Foundation® is dōTERRA International's registered 501(c)(3) non-profit organization committed to improving lives through partnering with organizations that offer hope to millions around the world. The foundation seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant. dōTERRA International provides all the overhead and administrative costs of the dōTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid. For more information, please visit doterrahealinghands.org.

Tax-Deductible Cash Donation

2001	\$1.00
2002	\$5.00
2003	\$10.00
2004	\$25.00
2005	\$100.00



Rose Hand Lotion

dōTERRA SPA Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains natural moisturizers and humectants that leave hands soft, supple, and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and their ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37520001	3.3 fl oz/100mL	
\$20.00 retail	\$20.00 wholesale	0 PV

dōTERRA Hope® Touch

dōTERRA Hope Touch is a distinct essential oil blend that combines the fresh scent of Bergamot with Ylang Ylang, Frankincense, and the sweet scent of Vanilla Bean Absolute. With each purchase of dōTERRA Hope Touch, the full purchase price (\$20.00) is donated to the dōTERRA Healing Hands Foundation, which supports OUR Rescue, an organization of the world's experts in extraction operations and anti-child-trafficking.

- Apply to wrists, neck, and pulse points for a personalized fragrance
- Keep in purse and apply throughout the day for an uplifting aroma
- Roll on a sachet and keep in drawers or closets to give clothes a fresh scent

60200879	10mL roll-on	
\$20.00 retail	\$20.00 wholesale	0 PV

Florida: A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE [of Florida]. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Registration #: CH48280.

ILLINOIS: CONTRACTS AND REPORTS REGARDING THE CHARITY ARE ON FILE WITH THE ILLINOIS ATTORNEY GENERAL.

Maryland : A copy of the current financial statement of the dōTERRA Healing Hands Foundation is available by writing 389 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401. (410) 974-5534.

Michigan: Registration # 55179

NEW JERSEY: INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY

THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING 973-504-6215 AND IS AVAILABLE ON THE INTERNET AT [HTTP://WWW.NJCONSUMERAFFAIRS.GOV/](http://www.njconsumeraffairs.gov/). REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT.

For the state of North Carolina, financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.

Virginia: A Financial Statement is available upon request from the Office of Charitable and Regulatory Programs P.O. Box 1163, Richmond, Virginia 23218 Phone 804-786-1343.

Washington: dōTERRA Healing Hands Foundation, a Utah Non-Profit Corporation, is registered with the State of Washington Secretary of State Corporations and Charities Division. For further information please contact the Secretary of State at 360-725-0378 or www.sos.wa.gov/charities.

dōTERRA LIFELONG VITALITY PACK®

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.* Coupled with dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils and a lifelong commitment to the dōTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.



xEO Mega®

ESSENTIAL OIL OMEGA COMPLEX

xEO Mega is a revolutionary formula that blends CPTG Certified Pure Therapeutic Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.

- Supports cardiovascular, immune, joint, and brain health*
- Delivers equal ratio of EPA and DHA from sustainable fish oil concentrates and Echium oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D*
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile

35360001	120 vegetarian softgels
\$66.00 retail	\$49.50 wholesale 49.5 PV



Made with vegetarian softgels

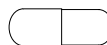
Alpha CRS®+

CELLULAR VITALITY COMPLEX

Provides antioxidant protection to cellular DNA and other critical cell structures.*

- Supports healthy cell proliferation and lifespan*
- Promotes mitochondrial energy production*
- Supports a healthy response to oxidative stress*
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend*

35370001	120 vegetable capsules
\$92.67 retail	\$69.50 wholesale 69.5 PV



Made with SLS-free vegetable capsules

Microplex VMz®

FOOD NUTRIENT COMPLEX

dōTERRA® Microplex VMz is a proprietary formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme-delivery system*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

35350001	120 vegetable capsules
\$52.67 retail	\$39.50 wholesale 39.5 PV



Made with SLS-free vegetable capsules

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



dōTERRA Lifelong Vitality Daily Packs

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS[®]+, MICROPLEX VMZ[®], AND XEO MEGA[®]

Now available in convenient individual Daily Packs. Take the contents of one sachet with food 2 times daily, morning and evening. Each dōTERRA Lifelong Vitality Pack sachet contains 2 capsules each of xEO Mega[®], Microplex VMz, and Alpha CRS⁺.

60205416	60 daily packs or a 30-day supply
\$115.33 retail	\$86.50 wholesale 60 PV



dōTERRA Lifelong Vitality Pack[®]

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS[®]+, MICROPLEX VMZ[®], AND XEO MEGA[®]

21480001	30-day supply
\$106.00 retail	\$79.50 wholesale 60 PV



Vegan dōTERRA Lifelong Vitality Pack[®]

DIETARY SUPPLEMENTS INCLUDING ALPHA CRS[®]+, VEGAN MICROPLEX VMZ[®], AND XEO MEGA[®]

60201121	30-day supply
\$119.33 retail	\$89.50 wholesale 60 PV

dōTERRA® Specialized SUPPLEMENTS

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the dōTERRA LifeLong Vitality Pack® to enhance certain functions.



vEO Mega® ESSENTIAL OIL OMEGA COMPLEX

- vEO Mega is a revolutionary, vegetarian-friendly formula blending CPTG Certified Pure Therapeutic Grade® essential oils with natural, plant-sourced essential fatty acids.
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile
 - Includes essential fatty acids from flax, algae, inca inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
 - Supports healthy cardiovascular, immune, joint, and brain health*
 - Includes a unique form of the carotenoid astaxanthin for antioxidant support*

34480001	120 liquicaps
\$66.00 retail	\$49.50 wholesale 49.5 PV



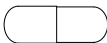
Made with vegetarian liquicaps



Vegan Microplex VMz® FOOD NUTRIENT COMPLEX

- dōTERRA® Vegan Microplex VMz is a vegan food nutrient formula of bioavailable vitamins and minerals often deficient in modern diets.
- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
 - Contains food-derived minerals to support bone and metabolic health*
 - Optimizes nutrient absorption with a bioavailable blend and an enzyme delivery system*
 - Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

60201122	120 vegetable capsules
\$66.00 retail	\$49.50 wholesale 39.5 PV



Made with vegetable capsules

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Turmeric Dual Chamber Capsules New!

dōTERRA is the first to combine Turmeric extract and CPTG Certified Pure Therapeutic Grade® Turmeric essential oil in a dual chamber capsule, creating a uniquely powerful synergy of curcuminoids and turmerones, maximizing the effectiveness and benefits of both compounds in one dietary supplement.*

60209307	60 capsules
\$46.67 retail	\$35.00 wholesale 25 PV



Made with SLS-free vegetable capsules



TerraGreens®

Give your daily intake of fruits and vegetables a boost with this powdered supplement mix designed to be taken with water, Slim & Sassy® TrimShakes, or your favorite beverage.

- Blend of leafy greens and super fruits
- Chock full of naturally occurring vitamins and minerals
- Provides important antioxidants
- Flavored with Lemon and Ginger CPTG® essential oils

60120001	300g /10.6 oz
\$37.33 retail	\$28.00 wholesale 20 PV



Mito2Max®

ENERGY & STAMINA COMPLEX

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.*

- Promotes better microcirculation with Oligonol®† lychee fruit and green tea extract, quercetin, and other standardized plant extracts*
- Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production*
- Free of stimulants; non-habit-forming

34350001	60 vegetable capsules
\$52.67 retail	\$39.50 wholesale 39.5 PV



Made with SLS-free vegetable capsules



†Oligonol® is a trademark of AminoUp Chemical Co., LTD.



Copaiba Softgels

Copaiba Softgels provide a daily dose of Copaiba essential oil in a convenient, easy-to-swallow softgel. When taken internally, Copaiba essential oil helps support the nervous, cardiovascular, immune, digestive, and respiratory systems.*

- Powerful antioxidant*
- Soothes and supports the nervous system*
- Supports the health of cardiovascular and respiratory systems*

60205764	60 vegetarian softgels
\$42.67 retail	\$32.00 wholesale 30 PV



Copaiba tree



Veggie Caps

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

34100001	160 HPMC capsules
\$5.33 retail	\$4.00 wholesale 0 PV



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DDR Prime®/DDR Prime® Softgels

ESSENTIAL OIL CELLULAR COMPLEX

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative stress to cellular DNA.*

- Provides antioxidant protection against oxidative stress when ingested*
- Supports a healthy response to cellular stressors when consumed*
- Promotes healthy cellular response and regeneration when taken internally*

60207092	15mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV
34410001	60 vegetarian softgels	
\$73.33 retail	\$55.00 wholesale	55 PV

 Made with vegetarian softgels



TriEase® Softgels

SEASONAL BLEND

TriEase Softgels were developed to protect against seasonal and environmental elements and to support a healthy respiratory system when needed most.* Each softgel contains equal parts of Lemon, Lavender, and Peppermint, known for their ability to maintain clear breathing and a healthy respiratory function when combined together.*

- Promotes clear breathing and respiratory function*
- Supports healthy immune system function*
- Cleansing to the body's systems*

49310001	60 vegetarian softgels
\$30.67 retail	\$23.00 wholesale 20 PV

 Made with vegetarian softgels



DigestZen®

DIGESTIVE HEALTH

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food-nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, weakened immunities, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.*



DigestZen TerraZyme® Top Seller!

DIGESTIVE ENZYME COMPLEX

DigestZen TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.*

- Supports the body's constant production of enzymes critical for healthy biochemical functions*
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy*
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber*

35110001	90 vegetable capsules
\$50.00 retail	\$37.50 wholesale 37.5 PV



Made with SLS-free vegetable capsules



GX Assist®

GI CLEANSING FORMULA

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Therapeutic Grade® essential oils.*

- Features Oregano, Tea Tree, Lemon, Peppermint, Lemongrass, and Thyme, as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potential threats*
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+ Probiotic Defense Formula*

35040001	60 softgels
\$34.67 retail	\$26.00 wholesale 26 PV



Made with enteric softgels

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PB Assist®+

PROBIOTIC DEFENSE FORMULA

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid
- Supports healthy digestive function and immunity*

35160001	30 vegetable capsules	
\$46.00 retail	\$34.50 wholesale	34.5 PV



Made with SLS-free vegetable capsules



DigestZen® Top Seller!

DIGESTIVE BLEND

The well-recognized essential oils in DigestZen are known for providing soothing digestive relief when used internally.*

- Features a proprietary blend of Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel
- Aids in the digestion of foods when consumed*
- Maintains a healthy gastro-intestinal tract when taken internally*
- Soothes occasional stomach upset when ingested*



31030001	15mL bottle	
\$44.00 retail	\$33.00 wholesale	33 PV



DigestZen®

SOFTGELS

dōTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.*

- Soothes occasional indigestion and eases stomach upset*
- Supports healthy gastrointestinal function*
- Promotes healthy digestion*

35430001	60 vegetarian softgels	
\$26.00 retail	\$19.50 wholesale	15 PV



Made with vegetarian softgels



DigestTab®
CHEWABLE TABLETS

DigestTab is a calcium carbonate tablet that is infused with DigestZen Digestive Blend to deliver the benefits of the essential oil blend as well as the acid-neutralizing benefits of calcium carbonate.*

- Helps provide relief from occasional heartburn and indigestion while promoting the overall health of the gastrointestinal tract*
- Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn*
- Helps provide relief from occasional sour stomach*
- Provides 200 mg of calcium per tablet

34380001	100 chewable tablets
\$18.67 retail	\$14.00 wholesale 10 PV




dōTERRA® Peppermint Softgels New!

dōTERRA Peppermint Softgels help support the digestive system, alleviate occasional intestinal discomfort, and reduce gas and bloating.*

- Peppermint essential oil, which is high in menthol, supports gastrointestinal comfort*
- Helps alleviate occasional stomach discomfort*

60209244	60 softgels
\$24.00 retail	\$18.00 wholesale 15 PV

 Made with enteric softgels



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Zendocrin® DETOXIFICATION COMPLEX

Support your body's filtering and waste management system with the proprietary Zendocrin Detoxification Complex.*

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin*

35120001	60 vegetable capsules
\$32.67 retail	\$24.50 wholesale 24.5 PV



Made with SLS-free vegetable capsules

Zendocrin® DETOXIFICATION BLEND

Support your body's natural detoxification systems with Zendocrin.*

- Features a proprietary blend of Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro
- Supports healthy liver function when taken internally*
- Can be used individually or in combination with Zendocrin Detoxification Complex



31460001	15mL bottle
\$32.00 retail	\$24.00 wholesale 24 PV

Zendocrin® Softgels DETOXIFICATION BLEND

Zendocrin Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling.* Zendocrin Softgels provide an easy and convenient way to consume Zendocrin essential oil blend, a proprietary formula that helps detoxify the body and promote healthy liver, lung, kidney, colon, and skin function.*

- Supports the body's natural ability to rid itself of unwanted substances*
- Promotes healthy liver, lung, kidney, colon, and skin function*

34280001	60 vegetarian softgels
\$32.00 retail	\$24.00 wholesale 21 PV



Made with vegetarian softgels



dōTERRA® Ginger Drops

dōTERRA Ginger Drops are a convenient way to support digestion and ease occasional stomach discomfort.

- Supports healthy digestion
- Helps reduce occasional feelings of nausea associated with motion
- Helps ease occasional stomach discomfort and indigestion
- Sweet, spicy ginger-lemon flavor

60203181	30 drops
\$16.00 retail	\$12.00 wholesale 10 PV

LOYALTY
REWARDS
PROGRAM

1 Purchase 1 dōTERRA Lifelong Vitality Pack®
or dōTERRA Daily Nutrient Pack®...



dōTERRA Lifelong
Vitality Pack
21480001
\$79.50 | 60 PV



dōTERRA Vegan Lifelong
Vitality Pack
60201121
\$89.50 | 60 PV



dōTERRA Lifelong Vitality
Daily Packs
60205416
\$86.50 | 60 PV



dōTERRA Daily
Nutrient Pack
21490001
\$59.50 | 50 PV

2 ...and choose up to 3 additional supplements
at reduced prices.



Microplex VMz*
\$20.00 | 10 PV



Mito2Max*
\$20.00 | 10 PV



xEO Mega*
\$20.00 | 10 PV



Deep Blue
Polyphenol Complex*
\$20.00 | 10 PV



DigestZen
TerraZyme*
\$20.00 | 10 PV



PB Assist+*
\$20.00 | 10 PV



Kids Kit
(IQ Mega* &
dōTERRA a2z
Chewable™)
\$25.00 | 10 PV



dōTERRA® Children's **SUPPLEMENTS**

Inspired by the dōTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole-food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.



dōTERRA a2z Chewable™

Designed for children and adults who have difficulty swallowing capsules, dōTERRA a2z Chewable tablets provide the nutrients your body needs for optimal health.*

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection*
- Promotes healthy cell development and longevity when taken daily*
- Great watermelon flavor!

34500001	60 tablets
\$27.33 retail	\$20.50 wholesale 15 PV



PB Assist® Jr

PB Assist Jr is a powdered probiotic supplement designed for children or adults who have trouble swallowing pills. Five billion live cells have been blended into a delicious powder that can be poured directly into the mouth for a fun and tasty way to integrate probiotics into anyone's daily routine.*

- 5 billion live cells of 6 different probiotic strains
- Strains specifically selected for their benefits among children
- Microencapsulated to help probiotics survive until they reach the intestines
- Supports healthy functioning of the digestive and immune systems*
- Strawberry melon flavored
- Sugar free

34420001	30 sachets
\$32.67 retail	\$24.50 wholesale 20 PV

IQ Mega®

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg of omega-3s per serving
- Supports healthy brain, cardiovascular, immune, and joint function*
- Formulated to be used with dōTERRA a2z Chewable tablets

34490001	150mL
\$46.00 retail	\$34.50 wholesale 30 PV



Weight management with **SLIM & SASSY®**

The dōTERRA® Slim & Sassy line of products encourages overall health and wellness through attaining and maintaining healthy body weight.* Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend, TrimShake, and our premier line of supplements into your lifestyle!



Slim & Sassy® Top Seller!

METABOLIC BLEND

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.*

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism when consumed*
- Use internally to help manage hunger cravings*
- Calms your stomach and lifts your mood when ingested*
- Diuretic-, stimulant-, and calorie-free



31370001	15mL bottle
\$34.67 retail	\$26.00 wholesale 26 PV



Slim & Sassy® Softgels

Slim & Sassy Softgels contain dōTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight management in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism and promoting a positive mood.*

- Supports healthy metabolism*
- Helps manage hunger cravings*
- Promotes healthy digestion*
- Perfect for any weight management program*

34270001	90 vegetarian softgels
\$48.00 retail	\$36.00 wholesale 31.5 PV



Made with vegetarian softgels



"I use Slim & Sassy oil blend, TrimShake, and the dōTERRA Lifelong Vitality Pack® daily. I have more energy to do my daily responsibilities. I have self-esteem to hold conversations about the oils I use. I'm not ashamed to look people in the eye when talking to them about wellness now that I'm doing it myself!"

Beth P., Danville, AL

Slim & Sassy® Metabolic Gum

Slim & Sassy metabolic oil blend helps manage cravings throughout the day while supporting healthy metabolism. There is one drop of Slim & Sassy essential oil blend in each piece of sugar-free gum.

- Promotes healthy metabolism
- Helps manage hunger cravings
- Sugar free with natural sweeteners
- One drop of Slim & Sassy oil blend in every piece
- Long-lasting flavor

60200347	32 pieces
\$11.33 retail	\$8.50 wholesale 5 PV





Slim & Sassy® TrimShake

Slim & Sassy TrimShake is a convenient, delicious shake mix that provides essential nutrients.

- TrimShake can help you lose unwanted fat stores through calorie restriction and regular exercise
- Includes the patented weight-management ingredient EssentraTrim®† to help reduce food cravings and overeating
- Includes Solathin®‡, a special protein extract that supports increased feelings of satiety
- Blends well with nonfat dairy, almond, rice, and soy milk or water

35180001	vanilla	
\$52.67 retail	\$39.50 wholesale	25 PV
35200001	chocolate	
\$52.67 retail	\$39.50 wholesale	25 PV

V Shake

Introducing a vegetarian alternative to weight management shakes. Slim & Sassy V Shake provides the same benefits as TrimShake with the exception of all the ingredients being plant sourced and vegetarian friendly.

- Includes Solathin® and EssentraTrim®
- 7 grams of plant-sourced protein
- Protein sourced from pea, quinoa, and amaranth
- Versatile flavor; mixes easily with favorite fruits, milks, or juices
- No artificial sweeteners, flavors, colors, or preservatives

35440001	V Shake	
\$52.67 retail	\$39.50 wholesale	25 PV





Slim & Sassy® Trim Kit

Four 15mL bottles Slim & Sassy Metabolic Blend and two TrimShakes.

Save \$36.02 retail

40770001	1 chocolate, 1 vanilla	
\$200 retail	\$150 wholesale	125 PV
3528	2 chocolate	
\$200 retail	\$150 wholesale	125 PV
35290001	2 vanilla	
\$200 retail	\$150 wholesale	125 PV
60130001	2 V shakes	
\$200 retail	\$150 wholesale	125 PV

ESSENTRATRIM®

125 mg of EssentraTrim®, a patented extract of Ashwagandha that has been clinically demonstrated to help control stress-induced appetite, overeating, and carbohydrate cravings; helps support blood-sugar levels already in the normal range and enhances energy levels while helping alleviate fatigue during dieting and exercise.

SOLATHIN®

Slim & Sassy® TrimShake includes 50 mg of Solathin® per serving, a special protein extract from natural food sources that supports an increased feeling of satiety. Solathin® has also been demonstrated to help control snacking between meals, portion control, and feeling full faster and longer. Along with being a source of protein, Solathin® is also hypo-allergenic and enhances the flavor and texture of TrimShake.

* EssentraTrim is a registered trademark of NutraGenesis LLC

† Solathin is a registered trademark of Cyvex Nutrition

LOYALTY REWARDS PROGRAM



The dōTERRA® LOYALTY REWARDS PROGRAM

Do you have a favorite dōTERRA product you cannot live without? Would you enjoy the convenience of receiving dōTERRA Lifelong Vitality Pack® automatically each month? Would you like to earn free product every time you place an order? The dōTERRA Loyalty Rewards Program (LRP) provides a convenient way to receive an automatic monthly order of your favorite dōTERRA products delivered directly to your home. Each month you participate in the Loyalty Rewards Program, you earn an increasing number of LRP credits that can be used as cash to purchase product—earn up to 30 percent on qualified LRP orders! You can change the products in your monthly order or cancel your LRP agreement at any time without obligation. Talk to the Wellness Advocate who gave you this product guide or call 1-800-411-8151 for more complete program information.

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